



# CRANFORD TOWNSHIP NEWS

MAY 2017 - VOLUME 8 / ISSUE 2

A photograph of a park scene. In the foreground, there is a paved path and a grassy area. In the middle ground, a pond with a central fountain is visible. The background is filled with lush green trees under a blue sky with scattered white clouds.

## **Recreation & Parks**

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## Summer 2017 Programs





Stephen P. Robertazzi  
*Director  
Recreation & Parks  
and Swim Pool Utility*

# Message from the Director

**W**e are pleased to offer the 2017 Recreation & Parks Summer brochure for your viewing pleasure. Please take the time and browse the brochure as I am sure you will find an activity that is right for you. From pre-school to Senior Citizens, we have a multitude of recreation & leisure activities for everyone in your family!

I would like to take this opportunity to thank the residents of Cranford for participating in the Recreation Department's programs and activities. It is because of your involvement the Department is thriving at an all-time high.

I would also like to recognize the staff at both the Recreation Department & the Swim Pool Utility. They are the backbone of the operation, and without them, we would not nearly be as successful as we are now. They give so much time and energy to ensure residents and patrons are happy and satisfied at the end of the day.

I would like to thank our Advisory Boards, who offer terrific insight and ideas for both departments. They also play an instrumental role in the prosperity of the Recreation Department & Swim Pool Utility.

Registration for the pools is going on now! Please visit us online at [www.cranford.com/pool](http://www.cranford.com/pool) for more information. And don't miss out on the Recreation Department's Summer Playgrounds program! Remember, if any resident has a question or a concern, please do not hesitate to contact me. I look forward to hearing from you. Enjoy your spring & summer!

Sincerely,

**Stephen P. Robertazzi, RA, CPO**

**Director  
Recreation & Parks/Swim Pool Utility**

**908-709-7283**



## **Mayors Wellness Campaign**

***Get Moving Cranford and Join the Fun!***

Keep up with our events on [www.facebook.com/CranfordMWC](http://www.facebook.com/CranfordMWC).  
Look for our partnership logo on classes and activities!

June 4 – Centennial Village Velocity 5k

July – Canoe Races

September – Cranford Community Connection Mini Triathlon

October – Family and Friends Wellness Festival

# RECREATION & PARKS DEPARTMENT



220 Walnut Avenue • Cranford, NJ 07016 • 908-709-7283 • [www.cranford.com/rec](http://www.cranford.com/rec)

## Recreation Staff

**Stephen P. Robertazzi, RA, CPO**

*Director*

*Recreation & Parks  
and Swim Pool Utility*

**Gerry Fedorchak**

*Administrative Secretary*

**Lori-Ann Donnelly**

*Senior Citizen*

*Program Coordinator*

**Patty Kozlowski**

*Clerk/Receptionist*

**William Babkowski**

*Maintenance*

## Recreation & Parks Advisory Board

**Andrews, Brian**

**Barone, Donald**

*Senior Citizen Rep.*

**Bringuier, Luis**

**Cave, Susan**

**Coates, Peter**

**Dingelstedt, Mark**

**Dow, Marita**

**Garcia, Martha**

**Gottesman, Darren**

**Harris, Maria**

**Illing, Kevin**

**Kwiatkowski, Stephanie**

**Leber, Deborah**

**McDyer, Brittany**

**Pugliese, Carolyn Capone**

**Ricken, Heinz**

**Schoppmann, Laura**

**Shackell, Wally**

**Sheridan, Catherine**

*Board of Ed. Rep*

**Miklencic, Craig**

*Cranford West Committee Liaison*

**Robertazzi, Stephen**

*Director*

*Recreation & Parks  
And Swim Pool Utility*

**Giblin, Patrick F.**

*Commissioner/Liaison*

## Office Hours:

Monday thru Friday – 8:00am to 4:30pm

## Weather Emergency and Program Cancellation

Hotline: 908-276-6767

## Summer Building Hours:

Monday thru Thurs. – 8:00am to 10:00pm

Friday – 8:00am to 6:00pm

Saturday – Closed

**Email:** [recreation@cranfordnj.org](mailto:recreation@cranfordnj.org)

**Fax:** 908-709-7286

[www.facebook.com/CranfordRecreationAndParks](http://www.facebook.com/CranfordRecreationAndParks)

## 2017 SUMMER PROGRAMS

### GENERAL INFORMATION

1. Registration is on a first come first serve basis and limited to Cranford residents only.
2. Proof of residency is required for all registrations.
3. At the time of registration, registration form and payment are required.
4. A parent must be present when registering children under 18 years of age.
5. We reserve the right to cancel any programs.
6. Classes cancelled due to inclement weather will be made up at the discretion of the Recreation Department. For program cancellations and information on program status due to weather related issues, please call **908-276-6767**.
7. When public schools are closed, any programs conducted at public schools are automatically cancelled.
8. All programs meet at the Community Center unless otherwise indicated.

**9. Refund Policy:** A full refund will be given if requested in writing prior to the first class. Once a program begins, refunds will only be issued in cases of medical reasons with documentation. Please allow 4-6 weeks for refunds that are issued by township check.

**10. Photo Policy:** Please be advised that all participants involved in any department programs or special events are subject to being photographed. The Township of Cranford, without an obligation to provide compensation to those photographed, may use such photographs.

**11.** All programs are closed during Township holidays.

**12. Park & Building Permits:** Permits are required for organized activities. Requests for permits must be made in writing by filling out a Facility Use Form. Forms may be obtained at the Recreation Dept. or on the website under the heading "Forms". Depending on request and organization requesting permit, a fee may be required.

## ONLINE REGISTRATION FOR ALL PROGRAMS – *NEW!*

Please be advised, we are strongly encouraging registration for all classes be done online through Community Pass. Registration for our summer session begins Wednesday, June 7th, at 10:00am. You can register your entire family from the comfort of your home or workplace 24 hours a day, 7 days a week. Online registration will enable you to register, pay by credit card and receive the latest program updates as they occur through this account. If you would like to register online and require assistance in setting up your account please stop by the Recreation Department or call the office at 908-709-7283 and we would be happy to walk you through the process.

**Be sure to create your Community Pass account now by going to**  
**<https://register.communitypass.net/cranford>.**

When your account is created, you will receive an email containing your login information. Be sure to keep this email in a safe place for future online registrations.

## Recreation Facilities & Parks

**Adams Park** – Adams Ave. & Lambert St.  
**Buchanan Park** – Centennial Ave. & Buchanan Ave.  
**Canoe Club** – Springfield Ave. & Orange Ave.  
**Community Center** – 220 Walnut Ave.  
**Crane's Park (9/11 Memorial)** –  
 Springfield Ave. & North Union Ave.  
**Cranford West** – Hope, N.J.  
**Girl Scout Park** – Springfield Ave. & Orange Ave.

**Hampton Park** – Eastman St. & Hampton St.  
**Hanson Park** – Springfield Ave. & Holly St.  
**Johnson Park** – Johnson Ave.  
**Lincoln Park** – Lincoln Ave.  
**Mayor's Park** – Springfield Ave. & N. Union Ave.  
**Memorial Park** – Springfield Ave. & Central Ave.  
**Roosevelt Field** - Orange Ave. & Pacific Ave.  
**Sherman Park** – Lincoln Ave. East

## Sports Leagues & Organizations

**Baseball/Softball** – [www.cranford.com/cbsl](http://www.cranford.com/cbsl)  
**Canoe Club** – [www.cranfordcanoeclub.com](http://www.cranfordcanoeclub.com)  
**Clay Courts** – [www.cranfordtennis.com](http://www.cranfordtennis.com)  
**Hanson Park** – [www.hansonparkconservancy.com](http://www.hansonparkconservancy.com)  
**Hockey** – [www.cranfordhockeyclub.com](http://www.cranfordhockeyclub.com)  
**Jaycees** – [www.cranfordjaycees.com](http://www.cranfordjaycees.com)

**Lacrosse** – [www.cranfordlacrosse.org](http://www.cranfordlacrosse.org)  
**P.A.L.** – [www.cranfordpal.org](http://www.cranfordpal.org)  
**Recreation and Parks** – [www.cranford.com/rec](http://www.cranford.com/rec)  
**Soccer** – [www.cranfordsoccer.net](http://www.cranfordsoccer.net)  
**Swim Pool Utility** – [www.cranford.com/pool](http://www.cranford.com/pool)

## Special Events

### Memorial Day Parade

**Date:** Monday, May 29th  
**Time:** 9:00am  
**Site:** Start is at the Community Center and ends at Memorial Park  
**Note:** *In the event of inclement weather, services will be held in The Cranford Community Center at 10:00am.*



The importance of remembering all those who have fought and died for our country is something that is all too often overlooked. It is our hope that the entire community joins our celebration to support and thank those men and women, past and present, for serving in our armed forces. Please remember to fly your flag proudly.

### Fourth of July Celebration

**Date:** Tuesday, July 4th  
**Events:** 8:00am Canoe Races (Canoe Club)  
 9:00am Firecracker Fun Run (Nomahegan Park)  
 2:00pm Rides & Games with Eddie's Amusements (Nomahegan Park)  
 9:15pm Fireworks (Nomahegan Park)  
**Note:** *Rain Date for the Fireworks only is Wednesday, July 5th.*



Here in Cranford, the 4th of July is as much about celebrating our country's history as it is about celebrating with family. A variety of family oriented events mark the day. These include canoe races, the Firecracker Fun Run sponsored by the Cranford Jaycees, games and amusement rides. The day will come to conclusion with a fireworks display in Nomahegan Park, so come out, celebrate your country, community, and family by taking part in the day's activities.

### Cranford West

**Date:** Weekends only  
 July 4th to Labor Day  
**Fee:** \$25 per night  
 Cabin and tent sites available  
**Note:** *You must be a Cranford resident at least 21 years of age to reserve a site. Reservations are taken no more than 2 weeks in advance of the requested date.*



In scenic Hope, NJ a small tract of land located on the banks of Silver Lake is fondly referred to as Cranford West. Need to get away from the hustle and bustle of Cranford? Why not go to this quiet oasis in Northwestern NJ? Take the family or go alone. This is the perfect place to relax and rejuvenate.



## Cranford Canoe Club

250 Springfield Avenue, Cranford, NJ 07016

908-709-7285 – [cranfordcanoeclub.com](http://cranfordcanoeclub.com)

Hours: Mon. – Fri. 11am – 6pm, Sat & Sun. 9am – 6pm.

**Activity Types:** Day Trips, Self-guided Tours,  
Self-guided Activities

**Recommended**

**Length of Visit:** 2+ hours.

**Prices:** Canoes and Kayaks – \$25 for 2 hours,  
Tandem Kayaks – \$35 for 2 hours

Your campers will enjoy the scenery while riding New Jersey's Rahway River. Need a fun, close and easy day trip at an exciting river outfitter? Our self-guided canoeing and kayaking river tours are only 2 hours long, so it's a good lazy-day adventure your camp group won't regret. Our canoes and kayaks are good for all ages, so bring the campers down and make memories, one smile at a time. We can accommodate large groups of up to 100 people per outing. We have soft-serve ice cream, an assortment of drinks and an open outdoor grill serving burgers, hot dogs and fries. Camp directors can contact Ralph Circelli for group scheduling.

## Open Center Registration – *New!*

### What is Open Center?

Open Center is a program run at the Community Center for all residents of Cranford. It consists of basketball, a game room with two (2) ping pong tables, one (1) air hockey table, three (3) pool tables, one (1) foosball table and a lounge with two (2) flat screen TVs and vending machines

### When is the center "Open"?

The center is considered "open" Mon. thru Thur. 8am to 10pm and Friday from 8am to 6pm as long as there are no recreation programs scheduled. You can refer to this brochure to see when various programs are scheduled.

### Who can use the Open Center?

The open center can be used by any resident of Cranford. Anyone wishing to use the facilities must first be registered with the Recreation Department prior to use. Registration can only be done in person. Anyone under the age of 18 must be registered by a parent/guardian, also in person. Registration forms are available at the Community Center and proof of residency must be shown. You need only to register once per year.

### What qualifies as proof of residency?

Current Cranford High School ID cards, Driver's Licenses, or a current utility bill qualify as proof of residency.

## Playgrounds

The summer playground program offers the curious child a variety of fun and interesting things to do during their vacation from school. Activities include arts and crafts, sports and much more. There will also be several evening events. Come down to your nearest playground over the summer to find out more about these events.

**Grades:** Completed Kindergarten  
to age 13

**Days:** Monday through Friday

**Dates:** June 26 to August 4  
(Camp will not meet July 3 & 4)

**Time:** 9:00am – 11:45am &  
1:00pm – 3:00pm

**Sites:** Brookside Place School,  
Lincoln Park,  
Mohawk Park &  
Orange Ave School

**Fee:** \$20\*

**Note:** You can register at the playgrounds once camp begins. The \$20 registration fee must be paid at the time of registration.

\*Only cash or a check made payable to **Cranford Recreation and Parks** will be accepted.



**Prize for best decorated  
Cranford spirited stroller!**



## Save the date for Centennial Village Group's 7th Annual Velocity 5K Race!

Sunday, June 4, 2017 – 9am. Starting at Lincoln School

Family-friendly run, chip timing, with a flat scenic run-route through Centennial Village and Mohawk Park.

Visit [www.racenj.com/Centennial](http://www.racenj.com/Centennial) to pre-register.

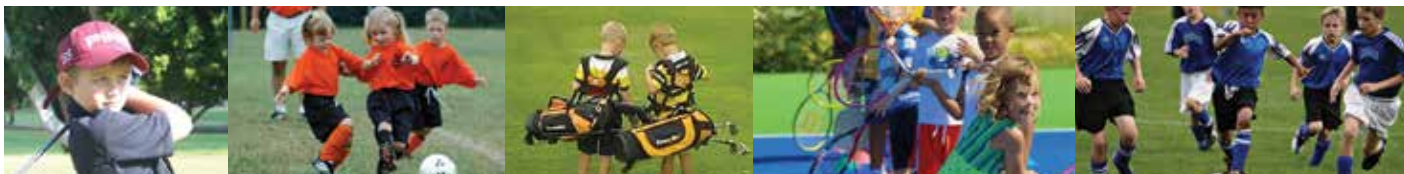
- \$25 for adults, \$15 for youth (18 and under).
- All pre-registrants get a race day tech t-shirt.
- Pre-registration open until May 21, 2017.
- Includes chip timing.

Race-day registration: \$30 for adults, \$20 for youth.

Medals for top 3 males and females in each age range.

Questions? – email: [CVGVelocity@gmail.com](mailto:CVGVelocity@gmail.com)

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**



## Squirts Camps and Tennis

In association with the US Sports Institute

The US Sports Institute is at the forefront of providing summer day camps in American communities. The camp is designed to enable each camper to grow in an atmosphere that promotes integrity, self-esteem, positive values and good sportsmanship. The staff is dedicated to delivering quality outdoor programs where your child will not only have great fun but also learn that "character really counts!" For additional information please contact the US Sports Institute: Phone: 732-563-2520 or [www.ussportsinstitute.com](http://www.ussportsinstitute.com).

**NOTE: Registration is done directly with US Sports Institute.**

### Total Sports – Parent & Me

Children can experience a new sport in each session of the program with a helping hand from Mom or Dad! Children have the opportunity to try T-Ball, Lacrosse, Soccer, Basketball, Floor Hockey, Flag Football, Parachute Games and more in a safe, structured environment.

**Ages:** 2 – 3  
**Days:** Wednesday  
**Dates:** June 28 to August 9

**Time:** 9:15am – 10:15am  
**Site:** Roosevelt Park  
**Fee:** \$145

### T-Ball – Parent & Me

**NEW!**

With a parent participating by their side, each class focuses on maximizing participation and learning through a variety of fun games designed to stimulate a child's imagination and develop motor skills. This is an excellent opportunity to spend quality time together while easing your child into social situations.

**Ages:** 2 – 3  
**Days:** Friday  
**Dates:** June 30 to August 11

**Time:** 9:15am – 10:15am  
**Site:** Roosevelt Park  
**Fee:** \$145

### Total Sports Squirts

Experience a new sport each session of the program, with Sports Squirts. Participants have the opportunity to try Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey, Flag Football, Parachute Games and more in a safe, structured environment.

**Ages:** 3 – 5  
**Days:** Wednesday  
**Dates:** June 28 to August 9

**Time:** 10:15am – 11:15am  
**Site:** Roosevelt Park  
**Fee:** \$145

### T-Ball Squirts

Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of each session participants will apply these skills into a scrimmage.

**Ages:** 3 – 5  
**Days:** Friday  
**Dates:** June 30 to August 11

**Time:** 10:30am – 11:30am  
or 11:30am – 12:30pm  
**Site:** Roosevelt Park  
**Fee:** \$139

### Tennis Squirts

This program is a great way to learn the sports' fundamental skills in a low pressured, fun environment. Following guidelines set out by the US Tennis Association (USTA), children will quickly develop their skill base and knowledge of the game.

**Ages:** 3 – 5  
**Days:** Tuesday  
**Dates:** June 27 to August 8

**Time:** 4:00pm – 5:00pm  
**Site:** Hillside Ave.  
Tennis Courts  
**Fee:** \$145

### Golf Squirts

Using the revolutionary new SNAG (Starting New At Golf) system, this program is an ideal introduction for 4 – 5 year olds to the game of golf in a safe and controlled environment. Participants will use oversized, lightweight clubs to encourage the correct grip and swing technique. Each session is comprised of a series of games and activities designed to ensure learning and most importantly: fun, fun, fun!

**Ages:** 4 – 5  
**Days:** Monday to Friday  
**Dates:** July 31 to August 4

**Time:** 9:00am – 9:45am or  
9:45am – 10:30am  
**Site:** Sherman Park  
**Fee:** \$99

### Lacrosse Squirts

This program is the perfect introduction to the nation's fastest growing sport. Participants will experience all aspects of lacrosse while playing a series of creative and fun games. Players will learn how to cradle, shoot, catch and scoop. Throughout the program participants will have fun developing their knowledge and understanding of scrimmaging in lacrosse.

**Ages:** 4 – 5  
**Days:** Wednesday  
**Dates:** June 28 to August 9

**Time:** 11:30am – 12:30pm  
**Site:** Roosevelt Park  
**Fee:** \$145

**Registration begins on Wednesday June 7th at 10:00am for ALL programs!**



### Kinder Tots

Kinder Tots is an age appropriate program designed to develop gross motor skills, movement creativity, physical development (flexibility, strength, balance, coordination), tumbling, body awareness and communication skills, while learning numbers, colors, shapes, and songs. The emphasis of the program is movement exploration. Such freedom allows for a variety of physical activities. Young children enjoy a challenge, and when they are given the opportunity to test their abilities, it is both developmentally appropriate as well as fun!!

**Age:** 2  
**Days:** Tuesday  
**Dates:** July 11 to August 15\*  
**Time:** 10:00am – 10:30am  
**Fee:** \$80  
**Min:** 5      **Max:** 12

**\*Note:** There will be no class on July 25



### Kinder Gym

Kinder Gym is an age appropriate developmental floor gymnastics, acrobatics and tumbling program taught in two levels, with an emphasis on social and gross motor development, physical fitness and movement education, while learning numbers, colors, shapes and words. Kinder Gym is designed to provide your children with specific objectives, which they can achieve. These accomplishments help the children feel good about themselves and develop a positive self-esteem. The program also enhances the physical, social, emotional, and cognitive development of the children while building their sense of self and others.

**Ages:** 3 – 5  
**Days:** Tuesday & Thursday  
**Dates:** July 18, 20, 27, August 1 & 3  
**Time:** 10:45am – 11:15am  
**Fee:** \$80  
**Min:** 5      **Max:** 12



### Summer Arts and Crafts

The summer arts and crafts classes are a fun experience for both parents and children alike. Come out and beat the summer heat and create a variety of projects. All areas of arts and crafts will be explored, such as paint, clay, marker, spin art, and finger painting. Note: For the ages' 3 & 4 class parent must attend each class with their child.

**Ages:** 3 – 6  
**Days:** Thursday  
**Dates:** July 6 to August 10  
**Time:** 10:00am – 11:00am – (Ages 3 – 4)  
 11:30am – 12:30pm – (Ages 5 – 6)  
**Fee:** \$30  
**Min:** 8      **Max:** 15



### Travel Latin America

A week long summer camp for those who wish to learn about 5 different Latin American countries. This camp is like no other, as we explore and learn about traditional cultures, including art, music, food, geographic characteristics & language skills for Spanish speaking countries. Fee includes all camp supplies, mid morning snack and drink and a passport to record travel.

**Ages:** 4 – 8  
**Days:** Monday to Friday  
**Dates:** August 14 to August 18  
**Time:** 9:00am – 11:00am  
**Fee:** \$130  
**Min:** 6      **Max:** 12

**Registration begins on Wednesday June 7th at 10:00am for ALL programs!**





## Stretch-n-Grow Summer Olympics 2017

Summer Olympics 2017! Each class includes a stretching warm-up and aerobic exercise, plus fitness and strength training. Learn the basic skills of several sports and the virtues of good sportsmanship, and enjoy the spirit of competition – all while having good, clean fun!

**Age:** 3 – 5  
**Days:** Monday  
**Dates:** July 10 to August 14  
**Time:** 9:30am – 10:15am  
**Fee:** \$65  
**Min:** 4      **Max:** 15

## Spanish Camp

**NEW!**

Join Amigos Spanish Camp as we explore the many ways to learn Spanish! Students will enjoy learning through movement and play as we participate in games, and create crafts. We will use puppets, play and songs as a way to enhance our Spanish vocabulary! *Please bring a nut free snack and a water with you to class.*

**Age:** 3 – 5  
**Days:** Monday – Friday  
**Dates:** July 17 to July 21  
**Time:** 9:00am – 11:30am  
**Fee:** \$100  
**Min:** 6      **Max:** 12



## Young Engineers Big Builders

**NEW!**

In this program each participant receives a unique Young Engineers K'NEX® kit for personal use during the session. After the instructor finishes telling the story, demonstrating and explaining the chosen science principle, the children will begin constructing a personal model that demonstrates the learned subject. The various K'NEX® models will expose your children to concepts borrowed from the world of nature and wildlife, engineering, physics, geometry and science. Examples of models are: Amusement Park rides, Animals and Vehicles. This class will help develop fine motor skills, spatial conception, self-esteem, problem solving and creative thinking.

**Age:** 4 – 6  
**Days:** Wednesday  
**Dates:** June 28 to August 23\*  
**Time:** 9:00am – 10:00am  
**Fee:** \$100  
**Min:** 10      **Max:** 12

**\*Note:** There will be no class on July 5



## What Matters for Kids Science Matters!

Science lessons are taught using a multi-sensory philosophy, so your child will get up and jump around, stick their hands in goop, smell the stink of a chemical reaction, hear the thud of gravity and even see color changes in some experiments. At the end of each lesson, your child will receive materials to continue their exploration and experimentation at home.

**Ages:** 3 – 6  
**Days:** Thursday  
**Dates:** July 13 to August 17  
**Time:** 11:00am – 12:00pm  
**Fee:** \$120  
**Min:** 3      **Max:** 15

**Registration begins on Wednesday June 7th at 10:00am for ALL programs!**



## Lights! Camera! Kids! Action!

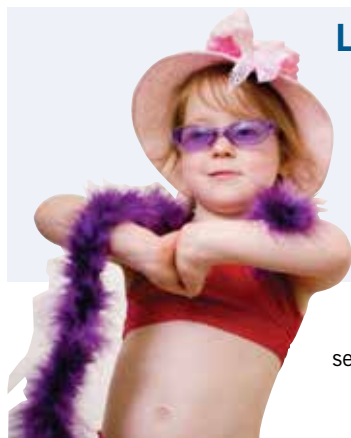
### The Actor's Garage

Join The Actor's Garage for a program that teaches acting with a focus on TV, film and commercials.

The class teaches actors through the basic tools of concentration, relaxation and improvisation to be more self confident and outgoing.

**Grades:** K – 2  
**Day:** Wednesday  
**Dates:** July 19, July 26 & August 2  
**Time:** 11:30am – 1:30pm  
**Fee:** \$95  
**Min:** 8 **Max:** 16

**Grades:** 3 – 5  
**Day:** Monday to Friday  
**Dates:** August 7 to August 11  
**Time:** 10:00am – 12:00pm  
**Fee:** \$135  
**Min:** 8 **Max:** 16



### Thursday Night Gamer's Club

Thursday Night Gamer's Club is a biweekly get together to play board games, deck-building games and trading card games. The perfect place to learn a new game or share an old favorite. Bring your deck: test new strategies with friendly matches. Bring a game you wish to share!

**Grades:** Open to all ages 11 years or younger must be accompanied by an adult.  
**Days:** Thursday

**Dates:** Ongoing  
**Time:** 4:00pm – 9:00pm  
**Fee:** Free

## Science matters



### What Matters For Kids! Science Matters for Kids

Science lessons are taught using a multi-sensory philosophy, so your child will get up and jump around, stick their hands in goop, smell the stink of a chemical reaction, hear the thud of gravity and even see color changes in some experiments. At the end of each lesson, your child will receive materials to continue their exploration and experimentation at home.

**Grades:** 1 – 4  
**Days:** Thursday  
**Dates:** July 13 to August 17  
**Times:** 12:15pm – 1:15pm  
**Fee:** \$120  
**Min:** 3 **Max:** 15



**NEW!**

### What Matters For Kids! Gross! Grime! & Slime!

Join us for a week of slimy fun! We will create, concoct and experiment with everything gross and slimy!

*Please bring a light snack and drink each day.*

**Ages:** 4 – 8  
**Days:** Monday – Friday  
**Dates:** August 14 to August 17  
**Time:** 9:00am – 12:00pm  
**Fee:** \$210  
**Min:** 6 **Max:** 20

**Registration begins on Wednesday June 7th at 10:00am for ALL programs!**

## Smartycat Kids

### Creative Kids

During our Creative Kids Summer Program, participants will have the chance to explore a wide variety of tools and materials as they paint with watercolors and acrylics, sketch with charcoal and oil pastels, sculpt with clay and make 3D art, make home-made jewelry or key chains, and have free exploration time to work on projects of their choice! Let your child express their inner creativity this summer at Creative Kids Camp! All new projects for returning participants!

**\*Note:** Children will be grouped by age at camp.

**Grades:** K – 5\*  
**Days:** Monday to Friday  
**Dates:** July 17 to July 21  
**Time:** 9:00am – 12:00pm  
**Fee:** \$175  
**Min:** 4 **Max:** 20

### Groovy Girls

One of our most popular summer programs, back by popular demand! This is the perfect place for girls to come together, enjoy the summer with friends, and have fun being a girl! We'll have a wide variety of activities for our groovy girls to participate in – including making our own jewelry, creative art projects, face painting, glitter tattoos, and more. Free time available each day for our girls to work on projects of their choice. We'll end our awesome week of summer fun with a Groovy Girls party. Join with a friend, or come and make many new ones! All new activities for returning participants. (Although this program was designed to include activities that are typically preferred by girls, if a boy wishes to join they are welcome to do so.)

**Grades:** K – 5\*  
**Days:** Monday to Friday  
**Dates:** July 17 to July 21  
**Time:** 1:00pm – 4:00pm  
**Fee:** \$175  
**Min:** 4 **Max:** 20

**\*Note:** Children will be grouped by age at camp.

**\*\*Free hour of supervised lunch break for anyone that would like to stay from the morning Creative Kids program.**



### Junior Scientists

Our Junior Scientists camp is all about bringing science to life and showing our campers how exciting science exploration and experimentation can be! Our hands-on, summer-themed science projects combine indoor and outdoor activities for a week of pure science fun! We'll work on projects and experiments such as creating chemical reactions that ooze, bubble, fog or change color; launching projectiles and exploring physical forces; building and testing solar powered machines; studying earth science and living organisms; tinkering with technology; and many more exciting, engaging, and fully hands-on activities! All new activities and experiments for returning participants!

**Grades:** K – 5\*  
**Days:** Monday to Friday  
**Dates:** July 24 to July 28  
**Time:** 9:00am – 12:00pm  
**Fee:** \$175  
**Min:** 4 **Max:** 20

**\*Note:** Children will be grouped by age at camp.



### Techengineering

Our Technology and Engineering Camp is the perfect program for all of the tech lovers out there! Join us for a week filled with exciting technology and engineering challenges, as we do everything from build structures and machines using recycled materials to programming robots and learning about green energy. Children will work in groups for team challenges, and also get to complete individual projects to learn more about how and why the things around us work. (Some individual projects will be brought home, but group projects and technology equipment are not brought home.) All new lessons and projects for returning participants!

**Grades:** K – 5\*  
**Days:** Monday to Friday  
**Dates:** July 24 to July 28  
**Time:** 1:00pm – 4:00pm  
**Fee:** \$175  
**Min:** 4 **Max:** 20

**\*Note:** Children will be grouped by age at camp.

**\*\*Free hour of supervised lunch break for anyone that would like to stay from the morning Junior Scientists program.**

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**



## Engineering for Kids

At Engineering for Kids, we specialize in teaching kids S.T.E.M. in a fun hands on way. Our enrichment programs are not like any you have seen before. Each curriculum is inquiry based and designed to encourage creativity, problem solving and critical thinking.



### Junior Robotics Camp *Simple Machines*

In Junior Robotics: Simple Machines, students will use LEGO® WeDo Construction and resource kits to create a new amusement park! Students will do everything from hanging the new sign to developing new rides. They will build a crane to help with signage, design a ferris wheel, create a pulley and gear ride and even design a rocket used to create the optimal ride.

**Grades:** Pre K – 2  
**Days:** Monday to Friday  
**Dates:** July 10 to July 14  
**Time:** 9:00am – 12:00pm  
**Fee:** \$199  
**Min:** 10 **Max:** 24

### Scratch Game Design Space Pioneer Camp

Embark on a fun journey to space with Scratch! Send an astronaut to the moon and defend your moon base from space rocks. Learn how to use Scratch software to create and program sprites, backdrops and basic scripts. Create a new program each day, leave with evidence of your wild space adventure, and be inspired to explore the universe of programming as a Space Pioneer.

**Grades:** Pre K – 2  
**Days:** Monday to Friday  
**Dates:** August 21 to August 25  
**Time:** 9:00am – 12:00pm  
**Fee:** \$199  
**Min:** 10 **Max:** 24



### Minecraft Medieval Redstone Camp

MinecraftEDU is an expansive game that lets players design and create unique worlds with amazing structures. One of the more complicated aspects of MinecraftEDU is Redstone, which is MinecraftEDU's version of electrical circuitry. This class will introduce students to the many uses of Redstone through a Medieval themed adventure of creation, exploration, and castle besieging, with students making mine cart tracks to help them gather resources, working together to build their kingdom, and designing traps to defend their castle, all with the use of Redstone.

**Grades:** 3 – 8  
**Days:** Monday to Friday  
**Dates:** July 10 – July 14  
**Time:** 9:00am – 12:00pm  
**Fee:** \$199  
**Min:** 10 **Max:** 24

### Microsoft Kodu kart Racing Camp

Race to the finish and create your own racing game in Microsoft's Kodu gaming environment. From terrain design to enemy selection, students are placed at the wheel and given full control to design their own video game while exploring the foundations of coding. Kick your creativity in gear with Kodu Kart Racing.

**Grades:** 3 – 8  
**Days:** Monday to Friday  
**Dates:** August 21 to August 25  
**Time:** 9:00am – 12:00pm  
**Fee:** \$199  
**Min:** 10 **Max:** 24



### Waterbotics Camp

In this program the students will be able to use Legos to construct and control robots in the water (using a baby pool). They work in groups and have a number of different challenges to take on. It starts with the campers moving their robot in a straight line across the pool, and ends with the campers submerging their bot and recovering items from the bottom of the pool. Along the way campers do team building exercises and possibly competitions.

**Grades:** 5 – 8  
**Days:** Monday to Friday  
**Dates:** June 26 to June 30  
**Time:** 9:00am – 12:00pm (1/2 Day)  
9:00am – 3:00pm (Full Day)  
**Fee:** \$125 – 1/2 Day  
\$250 – Full Day  
**Min:** 8 **Max:** 20

Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!

## RMC Music Studio – WE TEACH. YOU ROCK!

RMC Studios Outreach Program offers group musical instruction for all ages, interests and skill levels. Our dynamic courses run the gamut of musical exploration in a fun and engaging setting!

### “Beginning to Rock”

#### Introduction to Rock Camp

Our “Beginning to Rock” camp provides our younger students a multi-faceted introduction to Rock ‘N’ Roll music. Students will have the opportunity to explore the drum set, bass, guitar, keyboard and vocals, while learning the fundamentals of music (pitch, melody, harmony and rhythm) and basic song structure. Our camp provides a variety of daily lessons and activities for our students.

**Ages:** 4 – 10  
**Days:** Monday to Friday  
**Dates:** July 17 to July 21  
 (Ages 4 – 6)  
 July 24 to July 28  
 (Ages 7 – 10)  
**Time:** 10:00am – 12:00pm  
**Fee:** \$100  
**Min:** 4 **Max:** 15



### Junior Rock – Intro to Rock Instruments

Designed for children completely new to music and instruments, this class will demonstrate the basic concepts of rhythm, pitch and how the instruments in a rock band work to students. Participants will get a chance to learn the basics of singing and playing the drums, guitar, bass and keyboards.

**Ages:** 4 – 6  
**Days:** Thursday  
**Dates:** July 13 to August 17  
**Time:** 5:00pm – 5:45pm  
**Fee:** \$70  
**Min:** 4 **Max:** 15



### Guitar 101

The Guitar 101 class is centered around proper playing technique, music theory and song study, in a fun and engaging group setting. Whether playing the six strings for the first time or learning new chops, our Guitar class will provide students with a comprehensive approach to learning guitar. (Student responsible for bringing instruments).

**Ages:** 7 – 17  
**Days:** Thursday  
**Dates:** July 13 to August 17  
**Time:** 6:00pm – 6:45pm  
**Fee:** \$70  
**Min:** 4 **Max:** 15



### Keyboard 101

Our group keyboard classes give students the chance to learn music fundamentals such as harmony, chord theory and playing technique, together as a class. Our keyboard 101 class is perfect for the beginner looking to learn an instrument for the first time.

**Ages:** 7 – 17  
**Days:** Thursday  
**Dates:** July 13 to August 17  
**Time:** 7:00pm – 7:45pm  
**Fee:** \$70  
**Min:** 4 **Max:** 15



**NASA**

**NEW!**

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in the NASA Academy of Future Space Explorers Summer Program! This program takes children on a voyage of discovery. With unique hands-on activities, amazing demonstrations and fun educational take-homes, this is an experience that is truly out of this world! Topics include: Sun & Stars, Space Technology, Rocket Science, Space Phenomena, Atmosphere & Beyond, Planet & Moons, Space Travel and Living in Space.

**Grades:** 1 – 6  
**Days:** Thursday  
**Dates:** June 29 to August 10\*  
**Time:** 10am – 11am  
**Fee:** \$85  
**Min:** 8 **Max:** 20

**\*Note:** There will be no class on July 6

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**



## Young Engineers



**NEW!**

### Science of Magic Tricks

Here is your chance to be the center of attraction at any upcoming party. Learn and practice some hands-on tricks which magicians use to blow your mind. Learn the science behind a lot of magic tricks this summer and practice them using cards, coins, ropes, rings, scarves and hats!

**Ages:** 6 – 12  
**Days:** Monday to Friday  
**Dates:** August 7 to August 11  
**Time:** 9:00am – 12:00pm  
**Fee:** \$160  
**Min:** 7 **Max:** 20

## Sport Camps & Kids Tennis *In association with the US Sports Institute*

The US Sports Institute is at the forefront of providing summer day camps in American communities. The camp is designed to enable each camper to grow in an atmosphere that promotes integrity, self-esteem, positive values and good sportsmanship. The staff is dedicated to delivering quality outdoor programs where your child will not only have great fun but also learn that “character really counts!”

For additional information please contact the US Sports Institute:

Phone: 732-563-2520. Web: [www.ussportsinstitute.com](http://www.ussportsinstitute.com)



### Foundation Tennis

Foundation Tennis is a beginner level class, little or no previous experience is required to participate. Activities are delivered in a low pressure, yet energetic environment, ensuring optimal learning, all the while maintaining the enjoyment factor of being on the tennis court. Registration is done directly with US Sports Institute

**Ages:** 5 – 8  
**Days:** Tuesday  
**Dates:** June 27 to August 8  
**Time:** 4:00pm – 5:00pm  
**Site:** Hillside Ave. Tennis Courts  
**Fee:** \$145

**Ages:** 8 – 10  
**Days:** Tuesday  
**Dates:** June 27 to August 8  
**Time:** 5:00pm – 6:00pm  
**Site:** Hillside Ave. Tennis Courts  
**Fee:** \$145

**Ages:** 11 – 14  
**Days:** Tuesday  
**Dates:** June 27 to August 8  
**Time:** 6:00pm – 7:00pm  
**Site:** Hillside Ave. Tennis Courts  
**Fee:** \$145

### Development Tennis

**NEW!**

Development Tennis is ideal for players who have previous experience in tennis. Players should be able to perform a consistent 4-ball rally, and must be able to demonstrate the basic techniques of forehand, backhand, volley and serve. Children will work towards refining their technique, generating consistent rallying skills, and grasping how to dictate direction of play to make game winning shots. Each player receives a certificate. Players must provide their own rackets.

Registration is done directly with US Sports Institute

**Ages:** 5 – 8  
**Days:** Tuesday  
**Dates:** June 27 to August 8  
**Time:** 5:00pm – 6:00pm  
**Site:** Hillside Ave. Tennis Courts  
**Fee:** \$145

**Ages:** 8 – 10  
**Days:** Tuesday  
**Dates:** June 27 to August 8  
**Time:** 6:00pm – 7:00pm  
**Site:** Hillside Ave. Tennis Courts  
**Fee:** \$145

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**

## Sport Camps & Kids Tennis *In association with the US Sports Institute*

The US Sports Institute is at the forefront of providing summer day camps in American communities. The camp is designed to enable each camper to grow in an atmosphere that promotes integrity, self-esteem, positive values and good sportsmanship. The staff is dedicated to delivering quality outdoor programs where your child will not only have great fun but also learn that "character really counts!"

For additional information please contact the US Sports Institute:

Phone: 732-563-2520. Web: [www.ussportsinstitute.com](http://www.ussportsinstitute.com)

### Tennis Camps

Summer tennis camp introduces a wide variety of techniques throughout the week including forehands, backhands, volleys, and serves. Each day will be centered around a tennis "Grand Slam" theme where players participate in fun-filled, innovative and progressive learning games.

Participants will develop an understanding of key tennis techniques and be encouraged to implement these skills into realistic game-play situations.

This camp is appropriate for players ranging from beginners, to those already well versed in the sport of tennis. Groups are separated by age and ability to ensure all players flourish in the optimum positive learning environment while having a great time!

<b>Ages:</b>	5 – 10
<b>Days:</b>	Monday – Friday
<b>Dates:</b>	August 14 to August 18 or August 21 to August 25
<b>Time:</b>	9:00am – 1:00pm
<b>Site:</b>	Hillside Ave. Tennis Courts
<b>Fee:</b>	\$199
<b>Ages:</b>	11 – 14
<b>Days:</b>	Monday – Friday
<b>Dates:</b>	August 21 to August 25
<b>Time:</b>	9:00am – 1:00pm
<b>Site:</b>	Hillside Ave. Tennis Courts
<b>Fee:</b>	\$199

Registration is done directly with US Sports Institute



### Golf Camp

**NEW!**

This camp introduces a wide range of skills throughout the week including chipping, putting and driving using award-winning SNAG (Starting New At Golf) equipment. Each day participants will receive personalized attention from coaches to develop their technique and their understanding for the rules and sportsmanship associated with golf.

<b>Ages:</b>	5 – 6
<b>Days:</b>	Monday to Friday
<b>Dates:</b>	July 31 to August 4
<b>Time:</b>	10:30am – 12:00pm
<b>Site:</b>	Sherman Park
<b>Fee:</b>	\$135

Registration is done directly with US Sports Institute



### Multi Sports Camp

**NEW!**

The US Sports Institute's Flagship summer multi sports camp gives players ages 5 – 11 the opportunity to experience up to 4 different sports each day, and over 15 sports in one week. Every camp is coached by our professional, international staff who are trained to encourage maximum participation, good sportsmanship, and above all – FUN!

<b>Ages:</b>	5 – 11
<b>Days:</b>	Monday to Friday
<b>Dates:</b>	June 26 to June 30
<b>Time:</b>	9:00am – 12:30pm (AM Session) or 1:00pm – 4:00pm (PM Session) or 9:00am – 4:00pm (Full Day Session)
<b>Site:</b>	Sherman Park
<b>Fee:</b>	\$189 (AM Session) \$159 (PM Session) \$219 (Full Day Session)

Registration is done directly with US Sports Institute

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**





Is your child interested in learning the sport of tennis? Both Tennis Instruction and Town Tennis offer children the opportunity to work on fundamentals of the sport and have fun doing it. These programs will help boys and girls better play and appreciate this exciting sport.

## Tennis Instruction

**Ages:** 8 – 11  
**Days:** Monday to Friday  
**Dates:** June 26 to August 4\*  
**Time:** 9:00am – 12:00pm  
**Site:** Hillside Ave Tennis Courts  
**Fee:** \$90  
**Min:** 10    **Max:** 60

\*Note: There will be no Tennis July 3 or 4

## Town Tennis

**Ages:** 10 – 16  
**Days:** Monday to Friday  
**Dates:** June 26 to August 4\*  
**Time:** 1:00pm – 4:00pm  
**Site:** Hillside Ave. Tennis Courts – (Wed. & Fri.) and The Mayotte-Hurst Stevenson Tennis Academy – (Mon., Tues. & Thur.)  
**Fee:** \$90  
**Min:** 10    **Max:** 60

\*Note: There will be no Town Tennis July 3 or 4

## Lax Academy Lacrosse Camp

Our lacrosse camp is great for young boys and girls who have little experience, or who are trying the sport for the first time. The Cranford lacrosse coaches will provide an energetic atmosphere that the campers will feed off of. Campers will be taught lacrosse fundamentals such as throwing, catching, shooting and scooping up groundballs. Coaches will interact with each player and give individualized attention throughout the drills. Mini games will be played as well as daily contests. Lax Academy Lacrosse Camp is a great chance to try out lacrosse for a first time or perfect your skills for those experienced players.

The only equipment needed is a lacrosse stick!

**Grades:** K – 4  
**Days:** Monday to Thursday  
**Dates:** June 26 to June 29  
**Time:** 9:00am – 12:00pm  
**Site:** Sherman Park  
**Fee:** \$105  
**Min:** 10    **Max:** 60

\*Note: There will be no Volleyball Instruction July 4



## Golf For Juniors Summer Camp

Join PGA Professional Bill McCluney for this summer camp to get an education of the game of golf. Proper grip, tee shots, short swing, long swing, bunker play, putting and much more will be taught. Clubs will be provided, but those who have their own are encouraged to bring them.

\*Please note if a class is cancelled due to rain the make up will be on August 4.

**Ages:** 8 – 14  
**Days:** Monday to Thursday  
**Dates:** July 31 to August 3\*  
**Time:** 9:00am – 11:00am  
**Site:** Scotch Hills CC  
**Fee:** \$150  
**Min:** 6    **Max:** 8



## Volleyball Camp

Are you interested in learning how to set, spike, and play one of the most fun sports? Coach Joan McGuire played volleyball at St. John's University and coached a very successful middle school program for six years. She is ready to bring all her skills, knowledge, and love of the game to your child this summer. Players will learn the fundamentals, rules, skills, and proper team play concepts. Mini-nets are provided for the smaller players to enjoy success! Softer volleyballs will be provided to help children learn the game the right way.

**Grades:** 1 – 4  
**Days:** Monday to Thursday  
**Dates:** July 10 to July 13  
**Time:** 9:00am – 12:00pm  
**Site:** Roosevelt Park  
**Fee:** \$105  
**Min:** 10    **Max:** 60



Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!

# Skyhawks

Teaching life skills through sports. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Skyhawks Sports has proven to be the leader in sports since 1979. [www.skyhawks.com](http://www.skyhawks.com)

## Skyhawks Cheerleading Camp

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! This entry-level cheer program ensures that each camper learns cheers, proper hand and body movements, and jumping techniques. There is no stunting – just a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The program concludes with a choreographed performance.

**Ages:** 3 – 12  
**Days:** Tuesday  
**Dates:** June 27 to August 8\*  
**Time:** 9:00am – 9:50am (Ages 3 – 5)  
 10:00am – 11:00am (Ages 6 – 8)  
 11:15am – 12:15pm (Ages 9 – 12)  
**Site:** Roosevelt Park  
**Fee:** \$95  
**Min:** 10 **Max:** 30

**\*Note:** There will be no class on July 4



## Track & Field Camp

This program combines technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our staff teaches exercises and drills that prepare athletes for a future in cross-country, track & field events and distance running while inspiring a love for running and being active.

The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are covered in this unique program. Participants will put it all together for one fun-filled day at the end of the program at the Skyhawks track meet!

**Ages:** 6 – 12  
**Days:** Thursday  
**Dates:** June 29 to August 10\*  
**Time:** 9:00am – 10:00am (Ages 6 – 9)  
 10:15am – 11:15am (Ages 10 – 12)  
**Site:** Roosevelt Park  
**Fee:** \$95  
**Min:** 10 **Max:** 30

**\*Note:** There will be no class on July 6



## Summer Bowling

**NEW!**

This is an 8 week program which runs from Friday, July 7th through August 25th and includes 2 games of bowling each week, use of rental shoes and lightweight bowling balls, 8 free game passes at the end of the program and a brand new bowling ball, if you chose. To participate, fill out the registration form found on our flyer and return it to Jersey Lanes by Thursday, July 6th.

For more information, contact Jersey Lanes at 908-486-6300.

**Adult/Parent Supervision Required.**

**Ages:** 5 – 14  
**Days:** Friday  
**Dates:** July 7 to August 25  
**Time:** 6:00pm  
**Site:** Jersey Lanes  
**Fee:** \$90 (with new Bowling Ball)  
 \$70 (without Bowling Ball)



## Fashion First Workshop Camp

Come join us for the fashion experience of your summer! No sewing experience necessary. All are welcome – boys and girls! Choose your fabric, design and sketch your project, pin and cut out the pattern and then we will sew our designs together. The morning session will recreate the crop top and the afternoon session will recreate a drawstring skirt or culotte. Students take home the project they create. And all students help plan and set up for their very own fashion runway show, where students model their designs.

All supplies are included as well as the use of sewing machines. Students will be grouped by age. **Snack and lunch is not included.**

**Ages:** 8 – 18  
**Day:** Monday to Thursday  
**Dates:** August 28 to August 31  
**Time:** 9:00am – 12:00pm or  
 1:00pm – 4:00pm or  
 9:00am – 4:00pm  
**Fee:** \$175 (AM or PM)  
 \$350 (Full Day)  
**Min:** 7 **Max:** 18

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**



## Parisi Speed School powered by Gold Medal Fitness – 477 North Avenue, Garwood • 908-789-0053

Parisi Speed School is an athletic based training program that improves the fundamental athletic skills and self-esteem for young athletes. We improve coordination and self-esteem through our signature speed and body weight strength training methods.



### Parisi® Speed Clinic

This program has been proven to enhance: coordination, running technique, body weight strength, first step quickness, flexibility, injury prevention, weight loss and self-confidence.

Registration done directly with Parisi Speed School

**Ages:** 7 – 18  
**Days:** Monday to Friday  
**Dates:** To be determined  
**Site:** Parisi Speed School  
**Min:** 8 **Max:** 10



## Basketball Camps



### Hoops There It Is Basketball Camp

This one week summer camp, run by Hoops There It Is, will provide age appropriate instruction in a bully free environment. The lead instructors for this camp are certified teachers, and the assistants are college sports majors. Free T-shirt and free ice cream party every Friday. **Lunch Program Available.**

**Ages:** 6 – 15  
**Days:** Monday to Friday  
**Dates:** August 14 to August 18 or August 21 to August 25  
**Time:** 9:00am – 3:00pm  
**Site:** Community Center  
**Fee:** \$235  
**Min:** 10 **Max:** 60

### Hall of Fame Basketball Camp

Camp directed by Phil Colicchio and Bob Firestone. Coach Colicchio is currently the Head Boys Coach at Linden High School. He was inducted in the NJ Hall of Fame and the Linden Hall of Fame. Coach Firestone is the former Head Boys Coach at St. Mary's HS in Elizabeth and Head Girls Coach at Elizabeth HS. He coached in the first Girls McDonald's Basketball Classic at Madison Square Garden and was inducted into the Elizabeth and Linden Hall of Fame. This camp will stress FUNDAMENTALS and include lectures, drills, contests, games and awards. Full court games each day! Each camper will receive a camp t-shirt. **Bring your own basketball, bring a snack. No lunch available.**

**Ages:** 4 – 8  
**Days:** Monday to Thursday  
**Dates:** July 24, 25, 26 & 27  
**Time:** 8:45am – 11:15am  
**Site:** Community Center  
**Fee:** \$100  
**Min:** 10 **Max:** 60

**Grades:** 1 – 8  
**Days:** Monday to Thursday  
**Dates:** July 10 to July 13  
**Time:** 9:00am – 1:00pm  
**Site:** Community Center  
**Fee:** \$150  
**Min:** 10 **Max:** 60

### Schoolhouse Chess

Let us introduce you to the chess kingdom where you'll meet the many characters that play for the chance to outsmart the rival king and his subjects. Discover our unique story behind why we play chess. Learn the rules, strategies and tactics to best defeat your opponent and win the right to call yourself a chess master! Challenge your classmates to an exciting game of chess to test out your skills. **Take home your own magnetic chessboard and strategy guides** to continue the fun at home.

**Grades:** 1 – 6  
**Days:** Monday  
**Dates:** June 26 to August 7\*  
**Times:** 10:00am – 11:00am  
**Fee:** \$85  
**Min:** 8 **Max:** 20

**\*Note:** There will be no class on July 3



### Parent & Me Yoga

Enjoy a fun and energized version of yoga. Postures are taught using references to nature and animals. All are encouraged to make sounds and laugh!

**Ages:** 4 – 7  
**Days:** Wednesday  
**Dates:** July 12 to August 16  
**Time:** 9:30am – 10:15am  
**Fee:** \$50  
**Min:** 10 **Max:** 25

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**



## KICK H.I.I.T.

**NEW!**

"KICK H.I.I.T." into high gear with this energizing workout. After a complete warmup, get right into a "quick H.I.I.T." which will pack a huge punch into about 8 minutes or less. Next, punching and kicking combinations will work coordination skills as well as keeping that heart rate up. Last is a strength interval that incorporates all major muscles. Kick H.I.I.T. is a full packaged deal!

**Ages:** 18 and older  
**Days:** Wednesday  
**Dates:** July 12 to August 16  
**Time:** 7:00pm – 8:00pm  
**Fee:** \$60  
**Min:** 4 **Max:** 8



## POUND®

**NEW!**

Channel your inner rockstar with this full-body cardio jam session of a workout inspired by drumming. Using Ripstix®, lightly weighted exercise drumsticks, torch calories and tone while rocking out to your favorite music!

**Ages:** 18 and older  
**Days:** Thursday  
**Dates:** July 13 to August 17  
**Time:** 7:00pm – 8:00pm  
**Fee:** \$90  
**Min:** 4 **Max:** 20



## TRX Suspension Training Class

What is Suspension Training? Simply put, ST uses your own bodyweight and gravity to turbocharge basic exercises. From squats to lunges, nearly every exercise on a suspension trainer engages the core. Why work just one specific muscle group, when you can work the entire body? Who can benefit from Suspension Training? EVERYONE. Whether you're a seasoned athlete or someone beginning a fitness program, Suspension Training is for you. In one class, you will work all muscle groups.

**It's efficient. It's fun. But most important, it gets results.**

Participants need to bring their own mat (yoga) and water bottle.

**Ages:** 18 and Up  
**Days:** Monday  
**Dates:** July 10 to August 14  
**Time:** 7:00pm – 8:00pm  
**Fee:** \$90  
**Min:** 4 **Max:** 8

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**





## Adult Tennis

Are you looking for something to do this summer? Are you looking to get back in shape or maybe you just want to take up a new sport. Well look no further than our tennis instruction. For the beginner or intermediate tennis player, come out and get invigorated by this exciting sport.



### Beginners Tennis Instruction

**Ages:** 18 and Up  
**Days:** Tuesday or Saturday  
**Dates:** Tuesday – July 11 to August 15  
 Saturday – July 8 to August 12  
**Time:** 6:45pm – 7:45pm – Tuesday  
 9:30am – 10:30am – Saturday  
**Site:** Hillside Ave Tennis Courts  
**Fee:** \$45  
**Min:** 5      **Max:** 10

### Intermediate Tennis Instruction

**Ages:** 18 and Up  
**Days:** Saturday  
**Dates:** July 8 to August 12  
**Time:** 10:45am – 11:45am  
**Site:** Hillside Ave Tennis Courts  
**Fee:** \$45  
**Min:** 5      **Max:** 10

## US Sport Institute Classes



### Body Barre

Yoga, Pilates and Ballet techniques are used to improve strength and flexibility. This class incorporates elements from Balanced Body Barre and emphasizes safety and body awareness while keeping the intensity and energy of a barre workout.

**Ages:** 18 and older  
**Days:** Wednesday  
**Dates:** July 12 to August 16

**Time:** 9:00am – 10:00am  
**Fee:** \$50  
**Min:** 10      **Max:** 25



### Power Yoga

Power Yoga is an energetic form of yoga – moving from one pose to the next while connecting breath to movement. It blends strength, flexibility, balance, cardio & focus. Please bring a yoga mat.

**Ages:** 18 and Up  
**Days:** Thursday  
**Dates:** July 13 to August 17

**Time:** 7:30pm – 8:30pm  
**Fee:** \$50  
**Min:** 10      **Max:** 25

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**

## Yoga

Westfield Area Y instructors will lead these classes that are designed to increase flexibility & strength, relieve stress, increase energy and promote health and well-being. Bring a yoga mat and a towel. Classes are done in bare feet and on an empty stomach.



### Monday Night Yoga

**Ages:** 18 and older  
**Days:** Monday  
**Dates:** July 10 to August 14  
**Time:** 7:30pm – 8:30pm  
**Fee:** \$50  
**Min:** 10    **Max:** 25

### Wednesday Night Yoga

**Ages:** 18 and older  
**Days:** Wednesday  
**Dates:** July 12 to August 16  
**Time:** 7:00pm – 8:00pm  
**Fee:** \$50  
**Min:** 10    **Max:** 25



### Outdoor Co-Ed Volleyball

This summer's co-ed 4's grass volleyball league is made up of 2 divisions, an "A" division which will be intermediate-advanced and a "B" division which will be recreational-intermediate. Each team must carry their own insurance. Team sign-up forms are available at the Community Center. Make-up games will be on Mondays.  
**Note: Registration deadline with payment is May 5.**

Questions can be directed to Marty at  
[marty@acesvolleyball.com](mailto:marty@acesvolleyball.com)

**Ages:** 18 and Up  
**Days:** Wednesday  
**Dates:** Starting Date May 24  
**Time:** 6:30pm – Dark  
**Site:** Unami Park  
**Fee:** \$100 per team

## Senior Programs

### Special Senior Services

- Free shuttle bus service - Monday thru Friday – 8:30am to 2:30pm. Specialty trips run the 2nd Tuesday of each month (Blue Star or Aviation Plaza) and the 4th Wednesday of each month (Target or Walmart). On these days, the bus does not run the regular schedule. Call 908-709-7283 (Option 2) for information or reservation for trips.
- Health Education and Maintenance Program (Blood Pressure Screenings and Weight Counseling). Conducted

by the Visiting Nurse and Health Services. Call 908-709-7283 (Option 3) for dates and times.

- Senior Handyman Program - Free minor home repairs for qualified seniors age 62 & older. Call the Handyman phone at 908-709-7294 (Option 4) for information or for an application.
- Volunteers to teach senior class, short term or long term, or provide one-day class/seminars are always needed. Please call 908-709-7283 (Option 3) if interested.

### Proof of residency required for all programs.

All programs and services are open to Cranford residents 60 years and older unless otherwise indicated. Seniors do not need to be a member of a club to participate. All class are limited in size and in some instances seniors may be required to supply their own materials. Unless otherwise indicated, all programs and services are available year-round.

All Senior Program participants are required to sign new registration sheets beginning August 1st.

Senior clubs meet every week on Wednesday, Thursday or Friday for social, recreational, educational and cultural activities between 12:30pm and 3:00pm. Most club meetings begin at 1:00pm.

**Registration begins on Wednesday June 7<sup>th</sup> at 10:00am for ALL programs!**



## Monday



### Relax-Ercise – NEW!

**Time:** 9:15am – 10:00am  
**Min:** 5 **Max:** 20

**Relax, Recharge, Refresh** with Monday morning meditation. Meditation oxygenates your brain, increases energy, reduces stress and improves the immune system. Exercise to a happier and healthier you. Most importantly, it helps maintain a positive attitude.

### Keeping Fit with Exercise

**Time:** 10:00am – 11:30am  
**Min:** 7 **Max:** 20

A Registered Nurse leads the group in an innovative exercise program designed to strengthen bones and increase flexibility in all muscle groups. Awareness of health issues, proper diet and cardio fitness is discussed to round out this excellent program.

### Senior Movies

**Time:** 11:15am – 1:15pm  
 Enjoy popular and classic movies in our air-conditioned Audio-Visual room. Selections for the month will be posted at the Community Center, TV35 and in local newspapers. Shown on the first and second Monday of the month.

**No movies in August.**

### MahJongg

**Time:** 1:00pm – 4:00pm  
**Does not meet in July or August.**

Look for program information in our upcoming Fall/Winter/Spring Brochure!

### Fall Prevention

**Time:** 1:00pm – 2:00pm  
**Min:** 7 **Max:** 20

This program is designed for the group to understand and participate in exercises to prevent falls, due in part to leg weakness, poor flexibility and balance.

## Tuesday

### Healthy Bones

**Time:** 9:00am – 10:00am  
**Min:** 7 **Max:** 20

Healthy Bones is a low-impact exercise program for all who have been diagnosed with or who are at risk for osteoporosis.



### Painting Class: Oil, Pastel and Pencil

**Time:** 9:30am – 11:30am  
**Min:** 3 **Max:** 15

Beginners as well as experienced artists are able to create their own masterpieces by using their own preference of media. An experienced artist provides one-on-one guidance

**Does not meet in July and August**

### Dance-Ercise – NEW!

**Time:** 10:15am – 11:00am  
**Min:** 6 **Max:** 20

**LET'S DANCE!** Dance to great music, make new friends, get in shape and have fun! Dance-Ercise will combine elements of fitness – cardio, muscle conditioning, balance and flexibility. No partners needed.



### Beginner Mahjongg – NEW!

**Time:** 1:00pm – 3:00pm  
**Min:** 4 **Max:** 20

Players enjoy this tile game using strategies to eliminate tiles to win the game. It's a great opportunity to connect with friends together with making new ones.

## Tuesday - cont.



### Crochet Class

**Time:** 1:00pm – 3:00pm

For beginners and advanced students. Have fun and learn new techniques and stitches with fellow Crocheters and an experienced instructor.

### Seniorcise

**Time:** 1:30pm – 2:30pm

**Min:** 4 **Max:** 20

A class structured for active seniors that incorporates aerobics & weights designed to improve endurance, strength, balance, coordination and flexibility.

**Does not meet in July and August.**

Look for program information in our upcoming Fall/Winter/Spring Brochure!



## Wednesday

### Healthy Bones

**Time:** 9:00am – 10:00am

**Min:** 7 **Max:** 20

Healthy Bones is a low-impact exercise program for all who have been diagnosed with or who are at risk for osteoporosis.



### Pinochle Club

**Time:** 10:00am – 12:00pm

**Min:** 4 **Max:** 20

Enjoy this popular card game by joining others and forming groups.

## Wednesday - cont.

### Brainercise

**Time:** 10:15am – 11:15pm

**Min:** 6 **Max:** 20

This class will incorporate brain games and physical activity combined with mental challenges that will exercise the brain! Fun games and challenges help improve memory, concentration, and reaction time. Exercise the body and mind simultaneously.

**Does not meet in July and August.**

Look for program information in our upcoming Fall/Winter/Spring Brochure!



### Scrabble Club

**Time:** 10:30am – 12:30pm

**Min:** 2 **Max:** 16

Come out and play Scrabble, the classic crossword game in which 2 – 4 players score points by placing tiles, each bearing a single letter, onto a game board. Make new words and new friends!

### Baking for Seniors

**Time:** 11:30am – 12:30pm

**Min:** 4 **Max:** 12

Join us to create fun seasonal desserts you can make and serve for any occasion!

**Does not meet in July and August.**

Look for program information in our upcoming Fall/Winter/Spring Brochure!

### Canasta Club

**Time:** 1:00pm – 4:00pm

Look for program information in our upcoming Fall/Winter/Spring Brochure!

**Does not meet in July or August.**

## Thursday

### Bridge Club

**Time:** 1:00pm to 4 Rounds

**Min:** 4 **Max:** 20

Cranford bridge players are invited to consider joining the Cranford Bridge Club. We play 4 rounds of party bridge beginning at 1pm. All who come will play – no sitouts. There is no charge to play.



## Thursday - cont.

### Senior Yoga

**Time:** 1:30pm – 2:30pm

Simple, functional, repetitive, easy to follow movements to help posture, balance, strength and flexibility. Includes relaxation period at the end of class. Bring an exercise or yoga mat to class.

*Does not meet in July and August.*



### Line Dancing

**Time:** 11:00am – 12:00pm

*Does not meet in July.*

Look for program information in our upcoming Fall/Winter/Spring Brochure!



### MahJongg

**Time:** 2:30pm – 4:00pm

**Min:** 4 **Max:** 20

Players enjoy this tile game using strategies to eliminate tiles to win the game. Challenging and lively, the time will pass quickly.



### Stretch & Lift

**Time:** 9:30am – 10:30am

**Min:** 4 **Max:** 20

Class includes stretching, balance exercises and strength training (dumbbells and leg weights). Exercises to promote and maintain good flexibility, posture, muscle strength and bone density. Bring water.

## Friday



### Healthy Bones

**Time:** 9:30am – 10:30am

**Min:** 7 **Max:** 20

Healthy Bones is a low-impact exercise program for all who have been diagnosed with or who are at risk for osteoporosis.



### Tai Chi (Advanced)

**Time:** 11:00am – 12 noon

**Min:** 7 **Max:** 12

Geared towards those who have been practicing tai chi for a number of years. Muscle strength, flexibility and inner peace are at a heightened level.



### Tai Chi (Beginner)

**Time:** 12:15pm – 1:15pm

**Min:** 7 **Max:** 12

An introductory/continuation of learning & practicing the basic movements of Tai Chi. Relaxing and beneficial for wellness of mind and body.



### Rummikub Club

**NEW!**

**Time:** 1:00pm – 4:00pm

**Min:** 2 **Max:** 16

This club is a great way to connect with friends and make new ones. All participants must provide their own game boards.

*Does not meet in July and August*

## Official Township Departments

\*\*\*\*\*ECRWSS\*\*\*\*

Local  
Residential Customer

PRSRT STD  
EDDM  
U.S. POSTAGE  
**PAID**  
New Brunswick, NJ  
Permit #1075

<b>Mayor</b>	<b>709-7206</b>
Thomas H. Hannen, Jr.	t-hannen@cranfordnj.org
<b>Deputy Mayor</b>	<b>709-7206</b>
Patrick F. Giblin	p-giblin@cranfordnj.org
<b>Township Commissioners</b>	<b>709-7206</b>
Ann Dooley	a-dooley@cranfordnj.org
Andis Kalnins	a-kalnins@cranfordnj.org
Mary O'Connor	m-oconnor@cranfordnj.org
<b>Administrator</b>	<b>709-7205</b>
Terence Wall	t-wall@cranfordnj.org
<b>Municipal Clerk</b>	<b>709-7210</b>
Tara Rowley	clerk@cranfordnj.org
<b>Business &amp; Economic Dev.</b>	<b>709-7208</b>
Kathleen Miller Prunty	dmc@cranfordnj.org
<b>Construction Code Building Dept.</b>	<b>709-7213</b>
Richard Belluscio	building@cranfordnj.org
<b>Court Administrator</b>	<b>709-7242</b>
Lorraine Powell	court@cranfordnj.org
<b>Engineering</b>	<b>709-7219</b>
Carl O'Brien	engineering@cranfordnj.org
<b>Finance</b>	<b>709-7250</b>
Lavona Patterson	finance@cranfordnj.org
<b>Fire Dept. 7 Springfield Ave.</b>	<b>276-0146 (non-emergency)</b>
Chief Dan Czeh	d-czeh@cranfordnj.org
<b>Health</b>	<b>709-7225</b>
Monika Koscova Jencik	health@cranfordnj.org

<b>Library</b>	<b>709-7272</b>
224 Walnut Avenue	
John Malar	library@cranfordnj.org
<b>Planning &amp; Zoning</b>	<b>709-7216</b>
	zoning@cranfordnj.org
<b>Police Dept.</b>	<b>272-2222 (non-emergency)</b>
Chief James Wozniak	police@cranfordnj.org
<b>Public Works</b>	<b>709-7217</b>
364 North Avenue East	
Steve Wardell	dpw@cranfordnj.org
<b>Recreation &amp; Parks</b>	<b>709-7283</b>
220 Walnut Avenue	
Steve Robertazzi	recreation@cranfordnj.org
<b>Recycling</b>	<b>709-7217</b>
Steve Wardell	dpw@cranfordnj.org
<b>Swim Pool Utility</b>	<b>709-7260</b>
401 Centennial Avenue	
Steve Robertazzi	pool@cranfordnj.org
<b>Tax Assessor</b>	<b>709-7211</b>
Peter J. Barnett	assessor@cranfordnj.org
<b>Tax Collector</b>	<b>709-3981</b>
Catherine Hendrickson	c-hendrickson@cranfordnj.org
<b>TV 35</b>	<b>709-3995</b>
Edward Davenport	tv35@cranfordnj.org
<b>Vital Statistics</b>	<b>709-7238</b>
Joan Holler	j-holler@cranfordnj.org

### Working Together... We can keep our town looking great

*Clean streets and sidewalks, attractive and well-maintained buildings make a great first impression to visitors. The Township and property owners share the responsibility for keeping Cranford looking great.*

*You can help by reporting problems or safety concerns to Township officials.*

Overflowing trash containers	Health Department	709-7238
Weeds, trash	Health Department	709-7238 or 7240
Residential property maintenance	Property Maintenance	709-7240
Commercial property maintenance	Property Maintenance	709-7240
Deteriorated, unsafe signs & awnings	Property Maintenance	709-7240
Broken parking meter	Police Department	272-2222
Malfunctioning traffic light	Police Department	272-2222
Streetlight out	PSE&G	1-800-436-7734
Victorian Streetlight out	Police	709-7336
Broken street benches	DMC	709-7208
Damaged/missing street signs	Public Works	709-7217
Leaking fire hydrant	Fire Department	709-7360
Fire safety code problems	Fire Department	709-7360
Broken tree limbs, street trees	Public Works	709-7217

*If you have a question or concern that isn't mentioned or you are not sure who to call, please contact the Township Administrator at 709-7205 and we will take care of the matter promptly.*