



Public Health
Prevent. Promote. Protect.

Bloomfield Department of Health

Social Services Directory

Cranford
Springfield
Union County

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1. Assistance Hotlines

Abuse, Neglect, and Exploitation

For emergencies, call 911

Department of Children and Families (DCF)

(877)-652-2873 Report abuse of an individual living in a Report child abuse. nursing home or assisted living facility.

Long Term Care Ombudsman

(877)-582-6995

NJ Domestic Violence Hotline

(800)-572-7233

Disability Services

Aging and Disability Resource Connection (ADRC)

(877)-222-3737

Assistance navigating caregiver services.

NJ Division of Disability Services

(888)-285-3036

Assistance navigating statewide supports.

Commission for the Blind and Visually Impaired

(877)-685-8878

NJ Division of Developmental Disabilities (DDD)

(800)-832-9173

Services for adults with intellectual/developmental disabilities.

NJ Division of Deaf and Hard of Hearing

(800)-792-8339

Mental Health and Substance Abuse

NJ Hopeline

(855)-654-6735

Suicide prevention.

NJ Mental Health Cares

(866)-202-4357

Free emotional support.

NJ Quitline

(866)-657-8677

Smoking/nicotine quitline.

ReachNJ

(844)-732-2465

Addictions helpline.

Veterans

NJ Vet2Vet

866-838-7654

Peer support for service members, families, and caregivers.

NJ Veterans Counseling Hotline

(888)-838-7654

Veterans Benefit Hotline

(888)-865-8387

2. Agencies and Organizations

a. County Agencies

Union County Adult Protective Services

Services are offered for adults and the elderly victims of abuse, neglect, and exploitation.

Phone: (908) 497-3902

Address: Catholic Charities of the Archdiocese of Newark (CCAN), 505 South Avenue E, Cranford, NJ 07016

Union County American Job Center

Provides employment services, career counseling, training, and advancement.

Address: 921 Elizabeth Ave Elizabeth, NJ 07201 // 200 West 2nd Street Plainfield, NJ 07060

Phone: Elizabeth (908)-558-8000 // Plainfield (908)-77-9090

Website: <https://ucnj.org/wdb/elizabeth-american-job-center/>

Union County Department of Human Services

Offers aging support, social services, youth services, and transportation services.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908) 527-4800

Website: <https://ucnj.org/departments/human-services/>

Union County Division on Aging

Provides older adult services and referrals.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908) 527-4870

Website: <https://ucnj.org/departments/human-services/test-site-aging/>

Union County Division of Individual & Family Support Services

Provides services for behavioral health and substance abuse, homeless and housing continuum of care, intoxicated driver resource center, rape crisis center, people with disabilities & special needs.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-527-4842

Website: <https://ucnj.org/dhs/individual-and-family-services/>

Union County Division of Outreach and Advocacy

Supports advocating the government's existing programs.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-527-4890

Website: <https://ucnj.org/dhs/outreach-and-advocacy/>

Union County Division of Social Services

Provides medical assistance, food stamps, emergency assistance, family care, and, temporary assistance for needy families.

Address: 200 West 2nd St., Plainfield, NJ 07063 // 342 Westminster Ave., Elizabeth, NJ 07208

Phone: Plainfield (908)-791-7000 // Elizabeth (908)-965-2700

Website: <https://ucnj.org/dhs/social-services/>

Union County Division of Youth Services

Provides youth support services, delinquency prevention, family crises intervention, and anger management.

Address: 1143-1145 East Jersey St, 4th floor Elizabeth, NJ 07201

Phone: (908)-558-2520

Website: <https://ucnj.org/dhs/youth-services/>

Union County Homelessness Prevention Program

Financial assistance, homelessness support, and housing security are provided.

Phone: (908)-351-7727

Website: <https://www.state.nj.us/dca/divisions/dhcr/offices/hpp.html>

Union County Mental Health & Addiction Services

Provides information and referrals for mental health services, psychiatric and non-medical emergency services, crises intervention, and addiction services.

Phone: (908)-994-7131

Website: <https://ucnj.org/departments/human-services/mental-health-services/>

Union County Office of LGBTQ Affairs

Provides LGBTQ support and advocacy.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908) 527-4742

Website: <https://ucnj.org/departments-of-economic-development/office-of-lgbtq-services/>

Union County Paratransit System

Transportation for older adults, residents with a disability, and low-income residents.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-241-8300 (Option 1)

Website: <https://ucnj.org/dhs/accessible-transportation/>

Union County Special Child Health Services Case Management Units

Offers individual service plans to meet the strengths and needs of parents and children.

Phone: (908) 889-0950 x 2544

Website: www.state.nj.us/health/fhs/sch/index.shtml

Union County Family Justice Center

Offers services for counseling, legal assistance, and community services.

Address: Elizabeth, NJ 07201

Phone: (908)- 355-1500

Website: <https://www.ywcaunioncounty.org/family-justice-center/>

b. Social Service Organizations

Alliance Center for Independence

Offers disability services, life skills training, peer counseling, and referral services.

Address: 629 Amboy Avenue 1st floor, Suite 104 Edison, NJ 08837

Phone: (732)-738-4388

Website: <https://www.adacil.org/>

Care Plus

Addiction recovery, care coordination, social support, and services.

Address: 1360 Morris Ave, Union, NJ 07094

Phone: (908)-688-5072

Website: <https://careplusnj.org/>

Community Access Unlimited

Union County-based non-profit that serves children and adults with disabilities, children aging out of foster care, parent and family caregivers, and older adults.

Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/>

Community Action Organization

Identify, assess and resolve social ills faced by many of the community residents.

Address: 2410 Springfield Ave, Vauxhall, NJ 07088

Phone: (908)-686-6150

Website: <https://www.utcao.com/>

Family Promise of Union County

Offers emergency shelter, utilities and rental assistance and homelessness prevention services. Financial trainings, educational trainings and career services. Support services like food pantries, drop-in centers and clothing services.

Address: 402 Union Ave, Elizabeth, NJ 07208

Phone: (908) 289-7300

Website: <https://familypromise.org/family-promise-union-county/>

Family Support Organization of Union County

Provides direct support to family members and caregivers of children with special emotional and behavioral needs. Social support, referrals, education and advocacy.

Address: 1010 Park Avenue, Plainfield, New Jersey 07060

Phone: (908) 755-0090

Website: <https://www.fso-union.org/>

Jewish Family Service of Central New Jersey

Services such as individual, couple, and family counseling, food pantry, adoption services, and employment services are offered.

Address: 655 Westfield Ave, Elizabeth, NJ 07208

Phone: (908) 352-8375

Website: <http://www.unionresourcenet.org/search/jewish-family-service-of-central-newjersey/>

Jewish Family Service of Metro West, NJ

Provides information and referral services, community education program, transitional planning, and post-safe-house housing assistance, case management, legal support services.

Address: 570 West Mt Pleasant Ave, Livingston, NJ

Phone: (973) -740-1233

Website: <https://www.jfsmetrowest.org/>

PROCCED Inc.

Provides family resources, employment services, homelessness prevention, rental and utility assistance, individual/group counseling for adults and youth, HIV services.

Address: 1122 East Grand Street, Elizabeth NJ 07201

Phone: (908)-351-7727

Website: <https://proceedinc.com/services/homelessness-prevention-employmentassistance>

Union County Catholic Charities Parish Access Center

Catholic charities of the Archdiocese of Newark identify and help families in need. Provide referrals to local resources and provides emergency assistance.

Address: 505 South Ave E. Cranford, NJ 07016

Phone: (908)-497-3966

Website: http://www.ccannj.com/parish_access.php

United Way of Greater Union County

Health services, aging services and resources, financial support and referrals, and family support. Family Success Centers with educational, financial, and other social services.

Address: 33 W Grand St, Elizabeth, NJ 07202

Phone: (908) 353-7171

Website: <https://www.uwguc.org/>

3. Caregiver Services

Community Access Unlimited

Services and programs for parent and family caregivers of family members with disabilities or older adults.

Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/>

Division of Aging and Disability Resource Connection (ADRC)

Assists in planning, implementing, and coordinating a variety of needed services for residents aged 60 and older and their caregivers/families.

Phone: (908)-527-4867

Website: <https://ucnj.org/dhs/#10>

Family Support Organization of Union County

Provides direct support to family members and caregivers of children with special emotional and behavioral needs. Social support, referrals, education and advocacy.

Address: 1010 Park Avenue, Plainfield, New Jersey 07060

Phone: (908) 755-0090

Website: <https://www.fso-union.org/>

Mom's Quit Connection – Quit for kids

Free counseling services to expectant parents, parents, and caregivers of young children.

Address: 2500 McClellan Ave #250, Pennsauken Township, NJ- 08109

Phone: (888)-545-5191; Text “quitforkids” to 53016

Website: quitforkids.com

PROCCED Inc.

Provides family counseling, parenting support groups, child abuse and neglect prevention and treatment, and preschool services.

Address: 1122 East Grand Street, Elizabeth NJ 07201

Phone: (908)-351-7727

Website: <https://proceedinc.com/services/family-resources>

Union County Catholic Charities Parish Access Center

The Assistance for Caregivers program offers short-term individual counseling to help alleviate the emotional distress that many caregivers of elderly individuals aged 62+ experience. Eight free sessions provided in the caregiver's home or at the Cranford office.

Address: 505 South Ave E. Cranford, NJ 07016

Phone: (908)-497-3900

Website: https://www.ccannj.com/counseling_for_caregivers.php

Union County Respite Services

Respite services for caregivers of adults with disabilities or older adults.

Address: 80 W Grand St, Elizabeth NJ, 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/who-we-serve/adults-with-disabilities/respite/>

4. Domestic Violence

Community Health Law Project

Provide legal, advocacy, and case management services.

Address: 65 Jefferson Ave, Elizabeth NJ 07201

Phone: (908)-354-4340

Website: <http://www.chlp.org/contact-us>

Family Support Organization of Union County

Child abuse or neglect support.

Address: 1010 Park Avenue, Plainfield, New Jersey 07060

Phone: (908) 755-0090

Website: <https://www.fso-union.org/>

Jewish Family Service of Metro West, NJ

Provides information and referral services, community education program, transitional planning, and post-safe-house housing assistance, case management, legal support services.

Address: 570 West Mt Pleasant Ave, Livingston, NJ

Phone: (973) -740-1233

Website: <https://www.jfsmetrowest.org/>

Rape Crises Center

Offers a range of network services to survivors of sexual assault. Services include crisis counseling through a 24/7 hotline and accompaniment to hospitals, police stations, and court by trained confidential sexual violence advocates.

Address: 300 N. Ave, Westfield, NJ 07090

Phone: (908)-233-7273

YWCA Union County's 24 Hour Domestic Violence Hotline

Available 24 hours a day, 365 days a year for crisis counseling, resource, and referral information. Assistance is available in English and Spanish.

Phone: (908) 355 – 4357 (HELP)

Website: <https://www.ywcaunioncounty.org/24-hour-domestic-violence-hotline-908-355help/>

5. Disability Services

Associates in Mental Health and Developmental Disabilities

Provides therapy, skills training, behavioral management, support services, and adult respite.

Address: 81 Northfield Ave #106, West Orange, NJ 07052

Phone: (973)-762-2020

Website: <https://amhdd.org/>

Community Access Unlimited

Union County-based non-profit that serves children and adults with disabilities, children aging out of foster care, parent and family caregivers, and older adults.

Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/>

Division of Aging and Disability Resource Connection (ADRC)

Assists in planning, implementing, and coordinating a variety of needed services for residents aged 60 and older and their caregivers/families. Provides home-delivered meals and group meals at senior centers throughout Union County.

Phone: (908)-527-4867

Website: <https://ucnj.org/dhs/#10>

Family Support Organization of Union County

Support and education for families and children with emotional and behavioral health needs.

Address: 1010 Park Avenue, Plainfield, New Jersey 07060

Phone: (908) 755-0090

Website: <https://www.fso-union.org/>

Inroads to Opportunities

Provides job assistance, vocational training, community programming, psychiatric services, counseling services, and medication management services for adults with disabilities.

Address: 301 Cox St Roselle, NJ

Phone: (908)-241-7200

Website: <https://www.inroadsto.org/>

NJ Transit Access Link

Access Link is for people with disabilities who are unable to use the local fixed route bus for some or all of their rides. Comparable fare based on the local fixed-route bus fare. Call to apply and reserve rides.

Phone: (973)-491-4224

Website: <https://www.njtransit.com/accessibility/access-link-ada-paratransit>

Office for Persons with Disabilities and Special Needs

Offers recreation programs at County facilities as well as locations in various municipalities. Programs are for ages five through adult. The Office also provides advocacy and information and referral services. Administers the Personal Assistance Services Program, which enables people with physical disabilities to live and work independently.

Phone: (908) – 527 – 4807

Union County Paratransit System

Transportation services for older residents, residents with a disability, and low-income residents. Curb-to-curb service. Eligibility: 60+, disability, economically disadvantaged, and Union County resident.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-241-8300 (Option 1)

Website: <https://ucnj.org/dhs/accessible-transportation/>

Union County Respite Services

Respite services for caregivers of adults with disabilities or older adults.

Address: 80 W Grand St, Elizabeth NJ, 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/who-we-serve/adults-with-disabilities/respite/>

6. Financial Assistance and Employment Services

AARP Tax Foundation-Aide Locator

Provides assistance with filing federal tax returns and state tax returns.

Website: https://www.aarp.org/money/taxes/aarp_taxaide/locations.html

Community Access Unlimited

Union County-based non-profit that serves children and adults with disabilities, children aging out of foster care, parent and family caregivers, and older adults. Financial management and referrals to resources. Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/>

Family Promise of Union County

Financial trainings, educational trainings and career services.

Address: 402 Union Ave, Elizabeth, NJ 07208

Phone: (908) 289-7300

Website: <https://familypromise.org/family-promise-union-county/>

Online Tax Filing Assistance

Provides free online assistance for families earning less than \$66,000 a year. Website: <https://www.getyourrefund.org/>

PROCCED Inc.

Assistance for low-income families with home energy assistance, rental assistance and homelessness prevention. Employment services to prepare for jobs and find jobs. Resume help, job referrals, assistance with employment paperwork and job fairs.

Address: 1122 East Grand Street, Elizabeth NJ 07201

Phone: (908)-351-7727

Website: <https://proceedinc.com/services/homelessness-prevention-employmentassistance>

Union County Catholic Charities Parish Access Center

Assists families in financial need with referrals and emergency assistance.

Address: 505 South Ave E. Cranford, NJ 07016

Phone: (908)-497-3966

Website: http://www.ccannj.com/parish_access.php

Union County Division of Social Services

Provides emergency financial assistance. Assists residents with applications for nutrition programs like the Supplemental Nutrition Assistance Program (SNAP, formally known as food stamps) and the Supplemental Nutrition Program for Women Infants and Children (WIC). Such programs assist residents with paying for food and groceries.

Address: 342 Westminster Ave, Elizabeth, NJ 07207

Phone: (908)-791-7000

Website: <https://ucnj.org/dhs/social-services/>

Union County Employee Assistance

Offers guidance and professional referrals for Union County employees and their families in dealing with stress and problems.

Phone: (908) -527-4160

Union County Workforce Development/American Job Centers

The Union County Workforce Development Operation provides job training and related services to eligible clients in Union County.

Phone: (908)-527-4812, Elizabeth American Job Center

Phone: (908)-558-8000, Plainfield American Job Center

Phone: (908)-757-9090

Website: <https://www.ucajc.org/vosnet/Default.aspx>

United Way of Greater Union County

Health services, aging services and resources, financial support and referrals, and family support. Family Success Centers with educational, financial, and other social services available at Elizabeth, Hillside and Rahway locations.

Address: 33 W Grand St, Elizabeth, NJ 07202

Phone: (908) 353-7171

Website: <https://www.uwguc.org/>

7. Food Assistance

Alliance Center for Independence

Mon - Fri 9 am to 5 pm, open to individuals with disabilities and families with a member who has a disability. Guests must reside in either Middlesex, Somerset, or Union County.

Address: 629 Amboy Ave 1st Floor Suite 104 Edison, NJ

Phone: (732)-738-4388

Website: <https://www.adacil.org/food-pantry>

Catholic Charities of the Archdiocese of Newark - Adult Services

Offers free weekly food shopping services for homebound older adults. Shopping is done Wednesday and Thursday mornings.

Address: 505 South Ave E, Cranford NJ

Phone: 908-497-3950

Website: https://www.ccannj.com/food_shopping.php

Cranford Family Care Association

Emergency food assistance.

Address: 61 Myrtle St, Cranford, NJ 07016

Phone: (908) 276-3530

Website: <https://www.cranfordfamilycare.com/>

El Centro Hispanoamericano

Open to immigrant communities in New Jersey. Food pantry available. Also assist residents in securing food, clothing, shelter, referrals to social services, and help locate resources, including health, mental health, and children's services.

Address: 525 E Front St., Plainfield, NJ

Phone: (908)-753-8730

Website: <https://elcentronj.org/>

Family Promise of Union County

Food pantry Mon-Fri 9 am to 5 pm as well as a host of other services. Open to residents of Union County.

Address: 402 Union Ave, Elizabeth NJ

Phone: (908)-289-7300

Website: <https://familypromise.org/what-we-do/programs-services/stabilization-andcommunity-services-programs/>

First Baptist Church of Cranford and Elizabeth

Open every Thursday except for the first Thursday of the month, 4 pm to 7pm. Anyone that is on Medicaid, Medicare, TANF, SNAP, WIC, low-income, or unemployment. Referral from agencies is accepted.

Address: 402 Union Ave., Elizabeth NJ

Phone: (908)-352-0519

Website: <https://www.facebook.com/FirstBaptistCE/>

James O Bryant Food Pantry

Every 1st, 3rd, 4th Saturday, 9 am to 11:30 am recipients of TANF, SNAP, SSI, WIC, Medicaid, disability, income, and unemployment or low-income assistance. Survivors of disaster situations and family crises (divorce, domestic violence, house fire, loss of job, eviction, etc.) and individuals who are homeless.

Address: North Stelton AME Church, 6 Ethel Rd, Piscataway NJ

Phone: (732)-630-0836

Website: <https://www.northsteltoname.org/james-o-bryant-food-pantry/>

Jefferson Park Ministries

Every 2nd & 3rd Thursday of the month, 1pm-5pm.

Address: 70 W Grand St., Elizabeth NJ

Phone: (908)-469-9508

Website: <https://www.uwguc.org/jefferson-park-ministries-0>

Puerto Rican Association for Human Development

Open to low and moderate-income individuals and families who reside in Middlesex or Union County.

Address: 100 First St., Perth Amboy NJ

Phone: (732)-638-2870

Website: <https://www.prahd.org/food-pantry/>

Rahway Food for friends

Saturday 11am - 1pm, open to all. Serves meals to individuals and families in need of a meal.

Address: 1731 Church St., Rahway, NJ

Phone: 732-381-7201

Website: <https://www.rahwayfoodforfriendsnj.org/>

Saint James Social Service Corporation

Open to individuals in need who reside in either Bergen, Essex, Hudson, Morris, or Union County with food, clothing, housing, health services and other need-based services.

Address: 604 Dr. Martin Luther King Blvd., Newark NJ

Phone: (973)-624-4007

Website: <https://stjamessc.org/>

Springfield Farmer's Market

Hours: Monday from July 1st – October 28th, 11 am to 6 pm.

Address: Springfield Free Public Library Lawn (66 Mountain Avenue)

Phone: (973)-912-2202

Website: <https://springfield-nj.us/farmersmarket/>

Union County Division of Social Services

Provides food assistance for low-income residents/families of Union County. Assists residents with applications for nutrition programs like the Supplemental Nutrition Assistance Program (SNAP, formally known as food stamps) and the Supplemental Nutrition Program for Women Infants and Children (WIC).

Address: 200 W. 2nd St., Plainfield, NJ

Phone: (800)-687-9512

Website: <https://ucnj.org/dhs/social-services/ss-service-and-programs/>

8. Health Services

c. Dental Care

Dental Center at Overlook Medical Center

Services available to uninsured or underinsured people.

Address: 99 Beauvoir Avenue Fifth Floor Summit, NJ 07901

Website: zufallhealth.org

Neighborhood Health Services Corp. – Plainfield

Dental services for uninsured or underinsured people.

Address: 1700-58 Myrtle Avenue, Plainfield, NJ 07063

Phone: (908) 753-6401

Website: <https://www.nhscnj.org/locations>

d. Federally Qualified Health Centers (FQHCs)

Federally Qualified Health Centers (FQHCs) provide health care to all people regardless of their ability to pay. You don't need health insurance to receive care at a health center. To learn more about FQHCs, visit <https://www.nj.gov/health/fhs/primarycare/fqhc/>.

Neighborhood Health Services Corp. – Elizabeth

Free or low-cost primary care and urgent care services for uninsured or underinsured.

Address: 184 First Street, Elizabeth, NJ 07206

Phone: (908) 355-4459

Website: <https://www.nhscnj.org/locations>

Neighborhood Health Services Corp. – Plainfield

Free or low-cost primary care and urgent care services for uninsured or underinsured.

Address: 1700-58 Myrtle Avenue, Plainfield, NJ 07063

Phone: (908) 753-6401

Website: <https://www.nhscnj.org/locations>

Neighborhood Health Services Corp. – Plainfield High School

Free or low-cost primary care and urgent care services for uninsured or underinsured students.

Address: 950 Park Ave, Plainfield, NJ 07060

Phone: (908) 754-5840

Website: <https://www.nhscnj.org/locations>

Neighborhood Health Services Corp. – Washington Elementary School

Free or low-cost primary care and urgent care services for uninsured or underinsured students.

Address: 427 Darrow Ave, Plainfield, NJ 07060

Website: <https://www.nhscnj.org/locations>

e. Health Insurance options

To learn more about health insurance options for New Jersey residents, visit <https://www.nj211.org/healthcare-programs-and-resources>.

Medicare

Medicare is for older adults and those with a disability. If you are 65 years or older; under the age of 65 with certain disabilities or have permanent kidney failure which requires dialysis or a transplant, then you are eligible for Medicare. Open enrollment for Medicare is from October 15 to December 7.

Website: [medicare.gov](https://www.medicare.gov)

Union County residents with questions or in need of assistance with Medicare, contact SAGE Eldercare, at (908)-273-6999. SAGE Eldercare serves as the Union County State Health Insurance Assistance Program (SHIP) Local Office.

Medicaid

Health insurance is available for those with very limited or no income. To apply for Medicaid, contact the Union County Division of Social Services.

Address: Elizabeth office, 342 Westminster Avenue, Elizabeth, NJ 07208

Plainfield office, 200 West 2nd Street, Plainfield, NJ 07060

Phone: Elizabeth (908)-965-2700 // Plainfield (908)-791-7000

Website (NJ Medicaid): <https://ucnj.org/departments/human-services/opdsn/medicaid/>

New Jersey's Healthcare Marketplace

Offers affordable health insurance for residents of New Jersey. Here you can find health insurance for you and your family. You can browse health plans and check if you may qualify for financial help.

Website: nj.gov/getcoverednj/

NJ Family Care

Insurance for those who are NOT eligible for Medicaid because you fall above the income requirements. Qualified NJ residents of any age may be eligible for free or low-cost health insurance that covers doctor visits, prescriptions, vision, dental care, mental health, substance use, and hospitalization.

Website: njfamilycare.org

f. Other Healthcare Services

NJ Cancer Education and Early Detection of Union County

Provides comprehensive outreach, education and screening services for breast, cervical, colorectal and prostate cancers. Education, outreach, screening, case-management, tracking, follow-up, and facilitation into treatment for cancer.

Address: Hoboken Family Planning, 124 Grand Street, Hoboken, NJ 07030

Phone: (201) 963-0300

Website: <http://www.hobfamplan.org/>

Puerto Rican Association for Human Development

Project BEST: Better Eye Health Services and Treatment. Free vision services to prevent or treat vision loss.

Address: 100 First St., Perth Amboy NJ

Phone: (732)-638-2870

Website: <https://www.prahd.org/project-best/>

Union County Immunization Center

Provides the full series of vaccines recommended by the CDC to any child under 19 years of age, who meets the criteria for the program without charge. Many vaccines are available to protect against: measles, mumps, rubella, chickenpox, flu, whooping cough, meningitis, Covid-19 and more.

Phone: (908)-965-3627 or (908)-965-3868

Address: 40 Parker Road Elizabeth, NJ 07208

g. Smoking Cessation – Quit Tobacco and Nicotine

Quitting smoking has immediate and long-term health and financial benefits for you and your loved ones. To learn about the benefits of quitting smoking or vaping, visit: lung.org/quit-smoking.

Mom's Quit Connection – Quit for kids

Free counseling services to pregnant women, parents, family, and caregivers of young children.

Address: 2500 McClellan Ave #250, Pennsauken Township, NJ- 08109

Phone: (888)-545-5191; Text “quitforkids” to 53016

Website: quitforkids.com

National Cancer Institute (NCI) Smoke-Free

Free smoking cessation services for veterans, women, teens, Spanish speaking, and ages 60+. Telehealth, online chat, and texting services are available.

Phone: 877-44U-QUIT (877-448-7848)

Website: smokefree.gov/tools-tips/get-extra-help/speak-to-an-expert

NJ Quitline

Free telehealth smoking cessation counseling. Participants may qualify for free nicotine replacement therapy (NRT) products. Phone: 1-866-NJ-STOPS (1-866-657-8644)

Website: njquitline.org

Union County Quit Center

Free online individual and group cessation counseling and treatment. Participants may qualify for free or low-cost nicotine replacement therapy (NRT). Spanish-speaking, youth, and LGBTQ+ group sessions are available.

Phone: (833)-795-7848

Email: quitcenter@rwjbh.org

Website: rwjbh.org/treatment-care/institute-for-prevention-and-recovery/programs/nicotine-and-tobacco-recovery-program/

h. Urgent Care

Union County Healthcare Associates

Preventative and Urgent care

Address: Rahway, Colonia, Summit, Elizabeth, Clark, Garwood locations

Phone: (732)-381-3740

Website: <https://www.uchamd.com/departments>

9. Housing and Homelessness Assistance

Community Access Unlimited

Provides shelter for children aging out of the foster care system. Emergency shelter through the Union County Runaway & Homeless Youth Shelter. The shelter provides shelter, food, clothing and medical care. Provides education and job assistance and advocacy for permanent housing, foster care system, law enforcement, schools and family members.

Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Runaway Hotline: 1-800-RUNAWAY

Website: <https://www.caunj.org/>

Community Hope

Housing services and programs for individuals who have had a recent psychiatric hospitalization or relapse, individuals with disabilities including mental illness, and veterans with disabilities.

Phone: (973)-463-9600

Referral Hotline: (855)-483-8466

Address: 959 Route 46 East, Suite 402, Parsippany, NJ 07054

Website: <https://www.communityhope-nj.org/what-we-do/mental-health-programs/>

El Centro Hispanoamericano

Open to immigrant communities in New Jersey. Their social services department assists in securing food, clothing, shelter, referrals to social services, and help locate resources, including health, mental health, and children's services.

Address: 525 E Front St., Plainfield, NJ

Phone: (908)-753-8730

Website: <https://elcentronj.org/>

Family Promise of Union County

Offers emergency shelter and homelessness prevention services with temporary housing and shelters at hotels/motels, faith congregations and community organizations. Rent, security deposits and utility assistance. Address: 402 Union Ave, Elizabeth, NJ 07208

Phone: (908) 289-7300

Website: <https://familypromise.org/what-we-do/programs-services/>

PROCCED Inc.

Assists with home energy assistance, rental assistance and homelessness prevention.

Address: 1122 East Grand Street, Elizabeth NJ 07201

Phone: (908)-351-7727

Website: <https://proceedinc.com/services/homelessness-prevention-employmentassistance>

Union County Bureau of Housing

Provides assistance in increasing access to decent housing and suitable living environments for low and very-low-income families through federally funded programs such as the Housing Choice Voucher Program, the HOME Program, and the CDBG program. Phone: (908)-527-4229

Union County Division of Individual & Family Support Services

Provides services for behavioral health and substance abuse, homeless and housing continuum of care, intoxicated driver resource center, rape crisis center, people with disabilities & special needs.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-527-4842

Website: <https://ucnj.org/dhs/individual-and-family-services/>

United Way of Greater Union County

Financial assistance to families for shelter and rent/mortgage assistance.

Address: 33 W Grand St, Elizabeth, NJ 07202

Phone: (908) 353-7171

Website: <https://www.uwguc.org/>

VA New Jersey Healthcare System – Homeless Veteran Care

Veterans who are homeless or at risk of becoming homeless due to financial hardship, unemployment, addiction, depression, or transition from jail. Assistance with immediate food and shelter, permanent housing, job training, support with justice system and reentry, financial support, treatment for addiction and mental health, and healthcare.

Address: Multiple locations

Phone: (908)-210-5398

Website: <https://www.va.gov/new-jersey-health-care/health-services/homeless-veterancare/>

10. Immigrant and Refugee Services

Angels for Action

Offers English as a Second Language and Spanish classes. Computer and GED classes. Provides assistance in legal cases and lawyer/immigration workshops. Assist with medical issues, legal issues, social service issues, domestic abuse, funeral assistance, transportation assistance, and basic material goods such as shelter, clothing, and food.

Address: 209 W. 2nd St., Plainfield, NJ

Phone: (908)-753-5656

Website: <https://www.angelsactioninc.org/services/#>

El Centro Hispanoamericano

Offers legal services, information on rights, and health care, and referrals. In addition, they also offer English as a Second Language education and Spanish classes. Food and clothing assistance, and referrals for other social services.

Address: 525 E front St, Plainfield, NJ

Phone: (908)-753-8730

Website: <https://elcentronj.org/>

First Friends of NJ and NY

Resettlement assistance and advocacy. Provide support for people in detention centers due to immigration issues. Post-release support.

Address: 53 S Hackensack Ave, Kearny, NJ

Phone: (908)-965-0455

Website: <https://firstfriendsnjny.org/>

Jefferson Park Ministries

Assists immigrants in getting access to benefits.

Address: 70 W Grand St, Elizabeth NJ

Phone: (908)-469-9508

Website: <https://www.uwguc.org/jefferson-park-ministries-0>

Literacy NJ

Assistance with basic reading and writing, and English as a Second Language.

Address: 121-125 Chestnut St, Suite 203, Roselle

Phone: (908)-486-1777

Website: <https://literacynj.org/union-county>

Puerto Rican Association for Human Development

Bilingual childcare, youth programs, senior services, food pantry, housing assistance, eye health services.

Address: 100 First St., Perth Amboy NJ

Phone: (732)-638-2870

Website: <https://www.prahd.org/>

11. LGBT+ Services

Community Access Unlimited

Emergency shelter for those aged 13-17 at the Union County Runaway & Homeless Youth Shelter. The shelter provides shelter, food, clothing and medical care. Provides education and job assistance and advocacy for permanent housing, foster care system, law enforcement, schools and family members.

Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Runaway Hotline: 1-800-RUNAWAY

Website: <https://www.caunj.org/>

Iris House

Iris House provides support, prevention and education services for women, families, and underserved populations affected by HIV/AIDS. Holds LGBTQ+ programs.

Address: 630 East Front Street, Suite 100, Plainfield, NJ 07060

Phone: (908)-561-5057

Website: <https://www.irishouse.org/>

PROCCED Inc.

Provides free HIV testing, PrEP preventative HIV medication program for at-risk people, transitional housing for men with HIV. Individual and group counseling. Substance use disorder counseling and treatment.

Address: 1122 East Grand Street, Elizabeth NJ 07201

Phone: (908)-351-7727

Website: <https://proceedinc.com/services/homelessness-prevention-employmentassistance>

Union County Office of LGBTQ Affairs

Provides LGBTQ support and advocacy.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908) 527-4742

Website: <https://ucnj.org/departments/economic-development/office-of-lgbtq-services/>

Union County Quit Center

Free online individual and group cessation counseling and treatment. Participants may qualify for free or low-cost nicotine replacement therapy (NRT). Spanish-speaking, youth, and LGBTQ+ group sessions are available.

Phone: (833)-795-7848

Email: quitcenter@rwjbh.org

Website: rwjbh.org/treatment-care/institute-for-prevention-and-recovery/programs/nicotine-and-tobacco-recovery-program/

12. Mental Health and Addiction Services

Alliance Center for Independence

Offers disability services, life skills training, peer counseling, and referral services.

Address: 629 Amboy Avenue 1st floor, Suite 104 Edison, NJ 08837

Phone: (732)-738-4388

Website: <https://www.adacil.org/>

Associates in Mental Health and Developmental Disabilities

Therapy, skills training, behavioral management, support services, and adult respite.

Address: 81 Northfield Ave #106, West Orange, NJ 07052

Phone: (973)-762-2020

Website: <https://amhdd.org/>

Care Plus

Addiction recovery, care coordination, social support, and services.

Address: 1360 Morris Ave, Union, NJ 07094

Phone: (908)-688-5072

Website: <https://careplusnj.org/>

Community Access Unlimited

Union County-based non-profit that serves children and adults with disabilities, children aging out of foster care, parent and family caregivers, and older adults.

Address: 80 W Grand Street Elizabeth, NJ 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/>

Community Hope

Serves individuals who have had a recent psychiatric hospitalization or relapse and individuals/veterans with disabilities including mental illness. Offers mental health rehabilitation and support services, family support services, and housing services.

Phone: (973)-463-9600

Referral Hotline: (855)-483-8466

Address: 959 Route 46 East, Suite 402, Parsippany, NJ 07054

Website: <https://www.communityhope-nj.org/what-we-do/mental-health-programs/>

Family and Children's Services, Inc.

Mental health counseling for individuals, couples, and families. Counseling program for unaccompanied migrant children. Parenting and communication skills classes.

Postadoption services for adults who were adopted.

Address: 40 North Ave Elizabeth, NJ

Phone: (908)-352-7474

Website: <https://facsnj.org/>

Family Support Organization of Union County

Provides direct support to family members and caregivers of children with special emotional and behavioral needs. Social support, referrals, education and advocacy.

Address: 1010 Park Avenue, Plainfield, New Jersey 07060

Phone: (908) 755-0090

Website: <https://www.fso-union.org/>

Get Smart About Drugs

Offers prevention education and addiction service applications.

Website: <https://www.getsmartaboutdrugs.gov/news-statistics/2017/06/09/sober-appsnew-way-help-those-recovery>

Inroads to Opportunities

Provides group work assistance, psychiatric services, counseling services, and medication management services for adults with disabilities.

Address: 301 Cox St. Roselle, NJ

Phone: (908)-241-7200

Website: <https://www.inroadsto.org/>

Mental Health Association in NJ

Provides peer mutual ongoing support, services for disaster survivors, inpatient/outpatient services, rehab services, housing, and legal services, employment services, self-help services, and mental health education. Address: 673 Morris Ave Springfield NJ

Phone: (866)-202-4357

Website: <https://www.mhanj.org/>

NJ Division of Mental Health and Addiction

Provides essential information for resources, group counseling, and therapy.

Address: 5 Commerce Way, Hamilton, NJ

Phone: (800)-382-6717

Website: <https://www.state.nj.us/humanservices/dmhas/home/>

PROCCED Inc.

Provides family resources, employment services, homelessness prevention, rental assistance, utility assistance, individual and group counseling for adults and youth, HIV prevention services.

Address: 1122 East Grand Street, Elizabeth NJ 07201

Phone: (908)-351-7727

Website: <https://proceedinc.com/services/homelessness-prevention-employmentassistance>

Rutgers Behavioral Health

Provides mental health and addiction services referrals and information.

Phone: (844)-732-2465

Website: <https://ubhc.rutgers.edu/clinical/telehealth/telehealth.xml>

True Care Mental Health Clinic

Community-based clinic that provides individual, family and couples counseling, anger management, and psychiatric screenings. Accepts health insurance and Medicaid.

Address: 570 N broad St, Elizabeth, NJ

Phone: (908)-355-0050

Website: <https://truecareusa.com/>

Union County Division of Individual & Family Support Services

Provides services for behavioral health and substance abuse, homeless and housing continuum of care, intoxicated driver resource center, rape crisis center, people with disabilities & special needs.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-527-4842

Website: <https://ucnj.org/dhs/individual-and-family-services/>

Union County Division of Youth Services

Provides youth support services, delinquency prevention, family crises intervention, and anger management.

Address: 1143-1145 East Jersey St, 4th floor Elizabeth, NJ 07201

Phone: (908)-558-2520

Website: <https://ucnj.org/dhs/youth-services/>

Union County Mental Health & Addiction Services

Provides information and referrals for mental health services, psychiatric and non-medical emergency services, crises intervention, and addiction services.

Phone: (908)-994-7131

Website: <https://ucnj.org/departments/human-services/mental-health-services/>

VA New Jersey Healthcare System

Provides mental health care, addiction services and suicide prevention to veterans. Also provides social support programs for caregivers, homelessness prevention or assistance, LGBT+ veteran care, racial and ethnic minority care, transition and care management, social work and women's health. Address: Multiple locations

Phone: (800)-698-2411 // TTY: 711

Website: <https://www.va.gov/new-jersey-health-care/health-services/>

13. Older Adult Services

Chisolm Community Center

Serves as the Springfield senior center.

Phone: (973)-912-2227

Address: 100 South Springfield Ave., Springfield, NJ

Website: <https://springfield-nj.us/departments/recreation/>

Cranford Community Center

Serves as the Cranford senior center. Recreational and educational programs for older adults available to Cranford residents.

Phone: (908)-709-7283

Address: 220 Walnut Ave., Cranford, NJ

Website: <https://www.cranfordnj.org/recreation-parks>

Division of Aging and Disability Resource Connection (ADRC)

Assists in planning, implementing, and coordinating a variety of needed services for residents aged 60 and older and their caregivers/families. Provides home-delivered meals and group meals at senior centers throughout Union County.

Phone: (908)-527-4867

Medicare

Medicare is for older adults and those with a disability. If you are 65 years or older; under the age of 65 with certain disabilities or have permanent kidney failure which requires dialysis or a transplant, then you are eligible for Medicare. Open enrollment for Medicare is from October 15 to December 7.

Website: [medicare.gov](https://www.medicare.gov)

Union County residents with questions or in need of assistance with Medicare, contact SAGE Eldercare, at (908)-273-6999.

SAGE Eldercare

Connects older adults to homecare, medical adult day care. Connect older adults to MealsOn-Wheels, and other social work groups.

Serves as the Union County State Health Insurance Assistance Program (SHIP) Local Office: provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.

Address: 290 Broad Street Summit, NJ

Phone: (908)-273-5550; 908-273-6999 for Medicare SHIP

Website: <https://sageeldercare.org/>

Union County Adult Protective Services

Services are offered for adults and the elderly who are a victim of abuse, neglect, and exploitation.

Phone: (908) 497-3902

Address: Catholic Charities of the Archdiocese of Newark (CCAN), 505 South Avenue E, Cranford, NJ 07016

Union County Catholic Charities Parish Access Center

Assistance for Caregivers program offers short-term individual counseling to help alleviate the emotional distress that many caregivers of elderly individuals aged 62+ experience. Eight free sessions can be provided in the caregiver's home or at the Cranford office.

Address: 505 South Ave E. Cranford, NJ 07016

Phone: (908)-497-3900

Website: https://www.ccannj.com/counseling_for_caregivers.php

Union County Respite Services

Respite services for caregivers of adults with disabilities or older adults.

Address: 80 W Grand St, Elizabeth NJ, 07202

Phone: (908)-354-3040

Website: <https://www.caunj.org/who-we-serve/adults-with-disabilities/respite/>

14. Transportation Assistance

American Cancer Society Road to Recovery Program

Transportation to ongoing cancer treatment appointments. Cancer patients aged 18 and older who are able to walk unassisted to and from the vehicle, or have an accompanying caregiver to assist.

Phone: (800)-227-2345

Website: <https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

Chisolm Community Center

Serves as the Springfield senior center. Call for senior transportation options for residents.

Phone: (973)-912-2227

Address: 100 South Springfield Ave., Springfield, NJ

Website: <https://springfield-nj.us/departments/recreation/>

Cranford Community Center

Serves as the Cranford senior center. Call for senior transportation options for residents.

Phone: (908)-709-7283

Address: 220 Walnut Ave., Cranford, NJ

Website: <https://www.cranfordnj.org/recreation-parks>

EZ Ride Ryde4Life

Offers low-cost on-demand rides for older adults coordinated with Uber and Lyft.

On-demand schedule and no smartphone needed. Must register first by phone or online application. Fees associated. Available for all of New Jersey.

Phone: (201)-939-4242, Ext-4

Website: ezride.org/transport

Miracle Flights

Free commercial flights for specialized distant medical care and/or second opinions. Subject to household income and supporting documents.

Phone: (702)-261-0494

Website: <https://miracleflights.org/request-a-flight/>

ModivCare Solutions, LLC (Formerly LogistiCare)

Offers medical transportation for Medicaid and NJ Family Care recipients.

Location: All New Jersey

Phone: (866)-527-9933 // TTY 1-866-288-3133

Website: <https://www.mymodivcare.com/>

NJ Transit Access Link

Access Link is for people with disabilities who are unable to use the local fixed route bus for some or all of their rides. Comparable fare based on the local fixed-route bus fare. Call to apply and reserve rides.

Phone: (973)-491-4224

Website: <https://www.njtransit.com/accessibility/access-link-ada-paratransit>

NJ Transit Reduced Fare Program

Older adults aged 62+ (or 65+ for Metro-North stations) and individuals with disabilities are eligible for this service. Personal assistants ride for free. Program available to NJ residents and residents of other states. Must apply for program.

Address: NJ TRANSIT Reduced Fare Program, 1 Penn Plaza East, 5th Floor
Newark, NJ 07105

Phone: (973)-491-7112

Website: <https://www.njtransit.com/schedules-and-fares/reduced-fare-program>

Puerto Rican Association for Human Development

Offers emergency transportation for medical appointments. Residents with low and moderate incomes are qualified. Address: 100 First St., Perth Amboy NJ

Phone: (732)-638-2870

Website: <https://www.prahd.org/>

Right at Home Transportation

Offers individual on-demand rides with Lyft. Older adults living at home are qualified for this service.

Location: Union and Morris Counties

Phone: (973) 701-9832

Website: <https://www.rightathome.net/morris-union/services/transportation>

Union County Paratransit System

Transportation services for older residents, residents with a disability, and low-income residents. Curb-to-curb service. Eligibility: 60+, disability, economically disadvantaged, and Union County resident.

Address: 10 Elizabethtown Plaza, Elizabeth, NJ 07202

Phone: (908)-241-8300 (Option 1)

Website: <https://ucnj.org/dhs/accessible-transportation/>

15. Veteran Services

Community Hope

Hope for Veterans Programs provide transitional housing, permanent supportive housing, rapid re-housing and homelessness prevention. Provides mental health counseling, transportation and employment counseling. Serves Union County veterans.

Phone: (973)-463-9600

Referral Hotline: (855)-483-8466

Address: 959 Route 46 East, Suite 402, Parsippany, NJ 07054

Website: <https://www.communityhope-nj.org/what-we-do/hope-for-veterans/>

Union County Office of Veteran Services

Provides advocacy, information and referral for veterans and their families on a wide variety of financial, health and issues related to VA benefits and services.

Phone: (908)-527-4918

Toll-free Hotline: (866)-640-7115

Address: 10 Elizabethtown Plaza, Administration Building, Elizabeth, NJ 07207

Website: <https://ucnj.org/uc-hero/#contact>

VA New Jersey Healthcare System

Provides primary healthcare, mental health care, specialty healthcare and telehealth services to NJ veterans. Also provides social support programs for caregivers, homelessness prevention or assistance, LGBT+ veteran care, racial and ethnic minority care, transition and care management, social work and women's health. Must apply for VA healthcare: <https://www.va.gov/health-care/how-to-apply/> or call (877)-222-8387.

Address: Multiple locations

Phone: (800)-698-2411 // TTY: 711

Website: <https://www.va.gov/new-jersey-health-care/health-services/>

