

Bite Back!

Protect yourself from mosquitoes



Aside from an annoying itchy bump, a mosquito bite can spread diseases, such as West Nile, Zika, yellow fever and malaria.

Help prevent mosquito bites by doing the following:

- If possible, limit time outdoors between dusk and dawn when mosquitoes are most active.
- Weather permitting, wear long-sleeved and light-colored clothing.
- Use insect repellent and follow the label instructions.



Control mosquitoes indoors and outdoors by:

- Using air conditioning.
- Using window and door screens.
- Washing produce thoroughly.
- Since mosquitoes breed in water, eliminating all standing water in gutters, unused pools, wheelbarrows, buckets, containers, outside toys, etc.



Courtesy of the Cranford Health Department

Mosquito infestations can be reported by calling the Union County Mosquito Hotline at 908-654-9834.

<http://ucnj.org/engineering-public-works-facilities-management/bureau-of-mosquito-control/>