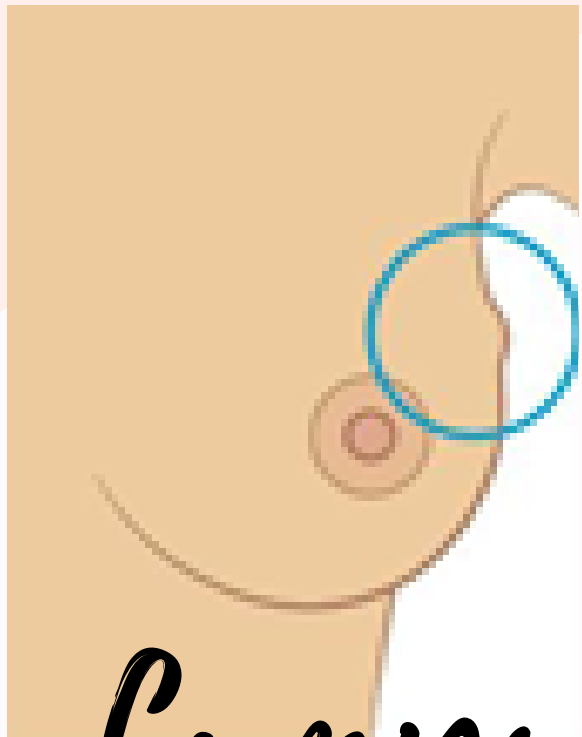


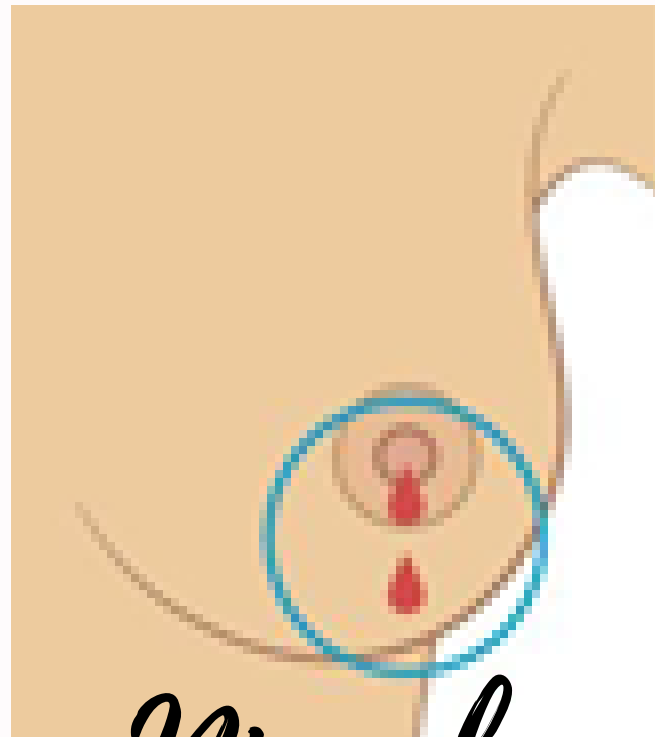
LET'S BE AWARE

“Forty percent of diagnosed breast cancers are detected by women who feel a lump, so establishing a regular breast self-exam is very important.”

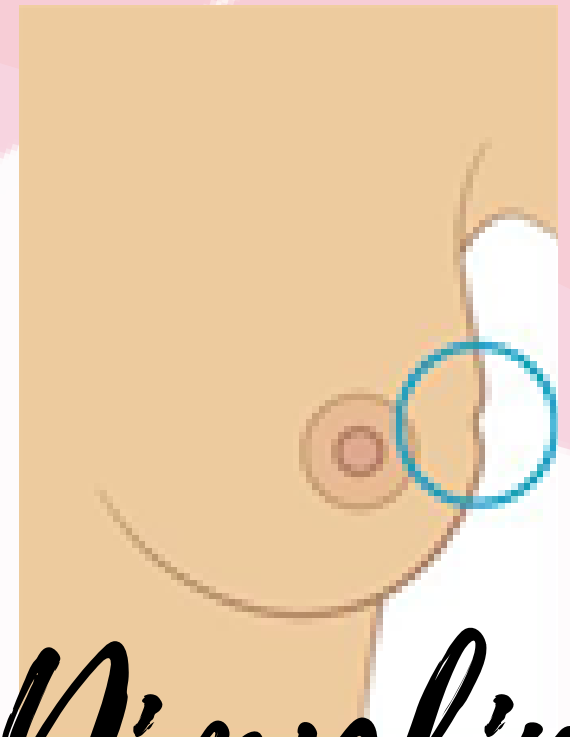
Early detection is **PREVENTION**. Check for any changes in your breasts and contact your doctor if you notice:



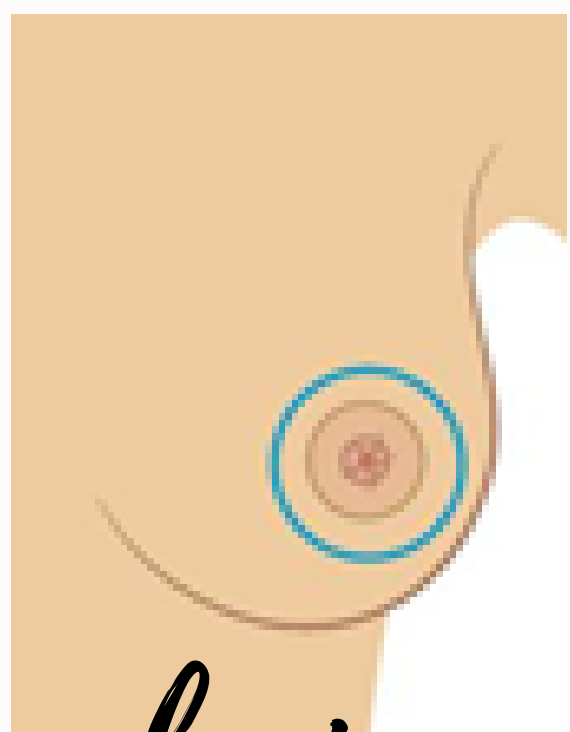
Lumps



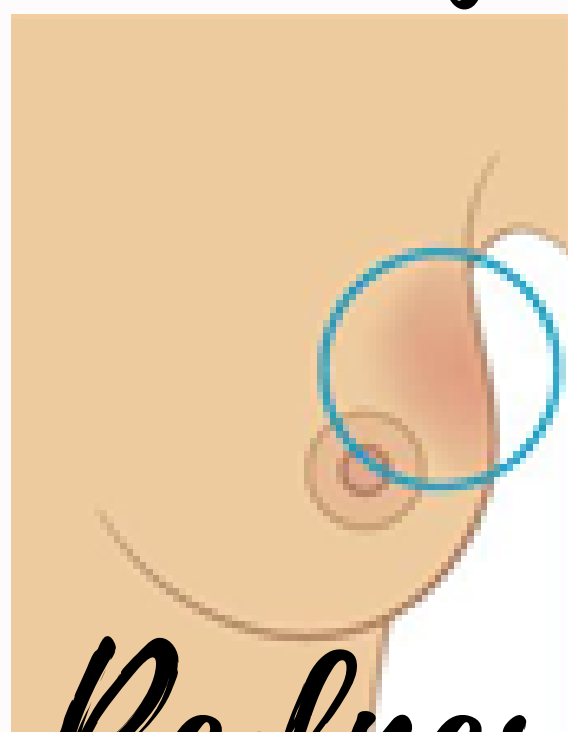
Nipple discharge



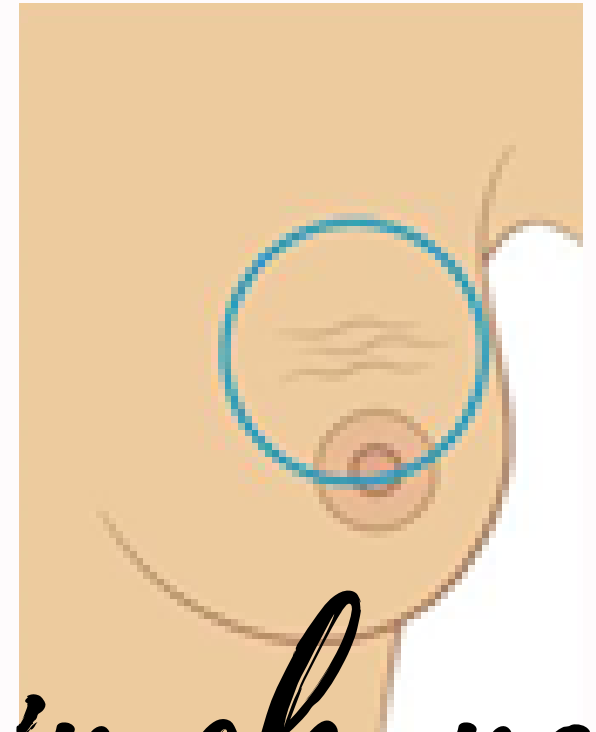
Dimpling



Nipple inversion



Redness



Skin changes



Public Health
Prevent. Promote. Protect.



Rev. 10/2020