



MENTAL HEALTH AMONG SENIORS

Presented by Health Educators: Sarah Jacob and Anamaria Valencia



WHEN: APRIL 18TH, 2024 AT 1:15 PM
WHERE: CRANFORD COMMUNITY CENTER
220 WALNUT AVENUE, CRANFORD, NJ



TOPICS COVERED:

- Mental illnesses: Risk Factors and Symptoms
- Mental Health Goals: Individual and Community based
- County and State Resources to address mental health among seniors.



FOR MORE INFORMATION:

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