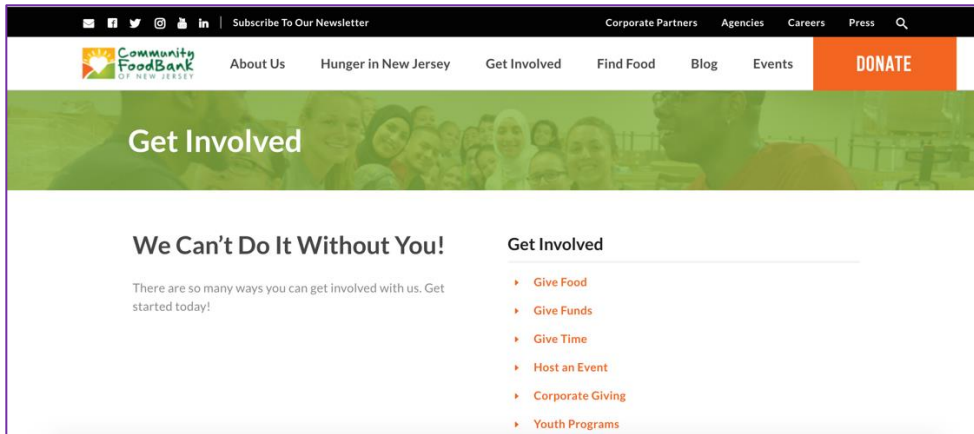


Season of Giving Month



http://www.cfbnj.org/get-involved?_ga=2.137262640.1656269344.1540564207-1711851234.1540564207

Visit the Community Food Bank of NJ for ways to get involved and give back during the holiday season.



<https://www.parenting.com/family-time/holidays/12-ways-children-can-give-back-holiday-season>

1. Send holiday cards to those serving in the military.
2. Provide a hands-on experience in fighting hunger and helping other kids.
3. Help furry friends by making homemade dog biscuits or toys for shelter dogs.

For more ways children can give back during the holiday season visit parenting.com.

<https://money.usnews.com/money/blogs/my-money/articles/2016-11-16/6-ways-to-give-back-this-holiday-season>

6 Ways to Give Back this Holiday Season

1. Donate used clothes and coats.
2. Assemble a group of friends to sponsor a family.
3. Have your children pick out affordable toys to donate to Toys for Tots.

For more tips refer to the U.S. News article, 6 Ways to Give Back this Holiday Season by Tiffany Aliche.