



Atlantic Health System

How to Talk to Your Kids About Suicide



Suicide is a topic that many adults are uncomfortable speaking about, but through the news, social media and discussions with their friends, our children are hearing about it more and more. Without a trusted adult to talk to, children are left with questions and misinformation surrounding suicide and other mental health issues.

This presentation is designed to address the challenges adults face as we struggle to talk to children about suicide and to provide information and guidance to help navigate the conversation.

Presented by
Adam Silberman, MD, Associate System Medical Director,
Child & Adolescent Services, Behavioral Health

Thursday, September 28, 2023

6:00 to 7:00pm

Virtual Event - Click [here](#) to join meeting

No More Whispers.

Let's end the whispering about mental illness and addiction. There is no shame. You can't catch it, and like many other diseases, no one asks for it. It affects all ages, ethnicities, income levels and genders. We all know someone. Don't fear it. Don't judge it. Understand it. Let's not whisper anymore.

NoMoreWhispers@atlantichhealth.org

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