

Emergency Preparedness Bulletin

What's in your Go – Bag?

Basic Emergency Supply Kit

It is always better to be prepared for a potential emergency. The following are items recommended by the Department of Homeland Security (DHS) for a basic emergency supply kit.

- ✓ Water – 1 gallon per person per day for at least 3 days for drinking and sanitation.
- ✓ Food – at least a 3-day supply of non-perishable food.
- ✓ Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert and extra batteries.
- ✓ Flashlight with extra batteries.
- ✓ First-Aid kit. (including a first-aid book)
- ✓ Whistle to signal for help.
- ✓ Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- ✓ Moist towelettes, garbage bags, and plastic ties for personal sanitation.
- ✓ Wrench or pliers to turn off utilities.
- ✓ Can opener for food (if kit contains canned food).
- ✓ Local maps.

Additional Items to consider adding to your emergency supply kit:

- ✓ Prescription medications and glasses as well as personal hygiene items.
- ✓ Infant formula and diapers.
- ✓ Important family documents such as copies of insurance policies, identification, and bank account records in a waterproof, portable container.
- ✓ Pet food and extra water for pets.
- ✓ Cash or traveler's checks and change.
- ✓ Fire extinguisher.
- ✓ Change of clothing and blankets and/or sleeping bags.
- ✓ Matches in a waterproof container.
- ✓ Mess kit, paper cups, plates and plastic utensils, paper towels.
- ✓ Paper and pencils.
- ✓ Books, games, puzzles or other activities for children.
- ✓ Household chlorine bleach and a medicine dropper – 9 parts water to 1 part bleach can be used as a disinfectant. In an emergency, you can use it to treat water by using 16 drops per gallon of water. (DO NOT use scented, color safe, or bleach with added cleaners)